Innova Schools

Week 4: Reading Activity 4

Vocabulary

Two front-line hero stories

Adapted from: http https://time.com/collection/coronavirus-heroes/5815747/coronavirus-paramedic-experience/
and https://time.com/collection/coronavirus-heroes/5816884/grocery-store-workers-coronavirus/

Complete the text with the following options and considering the context in each sentence. There is one additional option that won't be used.

*with a lump in the throat	*my heart thumped	*goose-bumps on her skin
*my mouth goes dry	*taking a deep breath	*comes face to face with
*get on their nerves	*sends shivers down my spine	*my face went pale

A day with a paramedic facing the pandemic



Alanna Badgley wakes up with a sense of doom. Her alarm goes off at 4:45 a.m., but she lies there 1_____. Then she throws off the covers, splashes some water on her face, brushes her teeth and puts on her uniform. With 2 _____, she checks her gear: intubation kits, and an oxygen pressure mask. Someone squawks over the loudspeaker, calling for "Medic 61." "That's me," she says.

Badgley, 28, is small and sharp, with the quick, sure movements of a paramedic who knows exactly what she's doing. She responds to 911 calls with emergency medical technicians (EMTs), but typically she 3_____cases that require more advanced medical help. These days, paramedics like Badgley are the first line of defense. In this global pandemic, with doctors that frequently 4_____, and hospitals forbidding visitors, paramedics like Badgley also take on another role: they are often the first medical professional seen by the patient in distress, and the last one seen in person by their family. 5_____, she says: "I'm there to talk to them, and to provide some level of empathy and humanity in the moment in which they are truly terrified."

Elizabeth Adair, fear and compassion

I have been working at the same small-town grocery store for four years. It was my first job; I was just a couple months shy of 17 years old when I was hired. In the past few weeks so much has changed. The world feels like it's ending sometimes. I used to only work about 15 hours a week—just enough to put gas in my tank and food in my mouth—but when the pandemic happened, they needed more help. Normally I would have said no. But this isn't normal. Now I am being scheduled for full-time work as a cashier, an office worker, and in the online ordering department. 6_____when I understood that this situation wasn't going to change easily.

7_____when I tell people, "No, you can't have two cartons of eggs. You can only have one," while they hold one child on their hip and their other child holds their hand. We are telling people, "No, you can't have two packages of toilet paper. You can only have one," and they look back at us with soft, teary eyes and pale faces and politely accept it. This happens everyday, and it 8_____. It's hard say no, I would like to show them that I care.