

## GERUNDS & INFINITIVES

### 1.- Complete using gerunds & infinitives



## Feeling blue? Then take care of yourself!

Everybody feels a little sad from time to time. If you (1 not feel like / talk) about what is making you unhappy and you (2 dislike / read) advice books, here are some helpful hints. First of all, (3 decide / take care of) your health. (4 Avoid / drink) coffee and alcohol. Coffee especially can make you feel nervous, but exercise can reduce nervousness and calm you. If you (5 choose / exercise), I (6 suggest / go) with a friend you (7 enjoy / spend) time with. (8 Be sure / eat) right and, importantly, (9 be sure / get) lots of sleep. If you (10 would like / take) a day off from work and you (11 want / go) to the movies or (12 plan / take) a walk in the park, just do it. Everybody needs to take a break sometimes. And when life gets too depressing, (13 learn / cheer) yourself up. You can be your own best friend! Oh, and a final note: Everybody finds certain colors "happy." Try to wear the colors *you* find most cheerful.

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### 2.- Complete using gerunds or infinitives. Use the adjective in the box to fill in some gaps.

annoying    boring    depressing    enjoyable    exciting    relaxing

- I've had the most stressful week at work! I need to get a massage this weekend. I find it so relaxing.
- We don't want to miss tonight's game. Our favorite team is in the championship. It's going to be really exciting!
- Most kids hate going shopping. They think it's not any fun and complain, "This is so boring."
- I had to ask a classmate to please quit tapping his pencil on the desk. I found it very annoying.
- I don't feel like watching that film. I hear it's very depressing. I'm not in the mood for a sad movie.
- Max usually doesn't mind exercising. He finds it pretty enjoyable.

### 3.- Read the conversation and complete using gerunds or infinitives adding the correct preposition.

A: You look a little blue. What's up?

B: Oh, nothing really. I'm just sick of working late every night.  
1. sick / work

A: Is that all? You look really down.

B: I'm bored the same thing every day. And I also feel  
2. bored / do  
sad too little time at home.  
3. sad / spend

A: Have you complained overtime?  
4. complained / work

B: No. I'm afraid my boss angry. I had to finish a report  
5. afraid / make  
6. apologize / finish  
late. And now my boss is talking us more work.  
7. talking / give

A: Wow! I see why you are feeling blue. Why don't you start looking for a new job?

B: Maybe I should.

### 4.- Read and complete using gerunds or infinitives.

A: I'm excited about repainting the living room.

B: Me too. I'm sick and tired of looking at the same boring color for so many years.

A: I want to pick a bright color. Maybe yellow?

B: I don't mind choosing a bright color, but yellow is out of the question. How about green?

A: Well, the kitchen is green. Our bedroom is green. Even the bathroom is green. I don't feel like painting anything else green.

B: OK. We need to look at these color samples. Hey, how about painting the living room blue?

A: Hmm. Let's see. I don't object to using blue. But I would really like to use this light blue. I think it's more cheerful than the dark blue.

B: I like the light blue, too!

A: Now we just need to decide what colors to repaint the kitchen, bedroom, and bathroom!

### 5.- Complete with the gerunds in affirmative or negative.

I really want to do something to improve my appearance and lose weight. I'm sick of being able to fit into my clothes. I know it's not enough to complain about gaining weight—I need to do something about it! I plan to spend every afternoon riding my bike. Also, I want to go on a diet, but I'm afraid of feeling hungry all the time. I worry about having enough energy to exercise if I'm getting enough to eat.