	LIGHT	NUCLEAR	MECHANICAL	THERMAL	ELASTIC	CHEMICAL	ELECTRIC	GRAVITATIONAL
LIGHT			↑	↑		↑	↑	
NUCLEAR	↑		↑	↑			↑	
MECHANICAL	↑			↑	↑	↑	↑	↑
THERMAL	↑		↑			↑	↑	↑
ELASTIC			↑					↑
CHEMICAL	↑		↑	↑			↑	↑
ELECTRIC	↑		↑	↑	↑	↑		↑
GRAVITATIONAL	↑	↑	↑	↑	↑		↑	