

Match

especially

הרגל

habit

כיסא גלגלים

improve

במיוחד

reason

לשפר

recommend

סיבה

wheelchair

להמליץ

Choose the correct word.

1. A **reason** explains someone did something.
2. A **habit** is something you do.
3. When you **improve** something, you make it .
4. You **recommend** a book that you .
5. Nick can't walk. He a **wheelchair**.
6. She loves animals, **especially** dogs. She likes dogs than other animals.

Match

accident

להתרכז

connection

תאונה

enough

סביר

focus

קשר

likely

להגיב

react

מספיק

Complete the sentence

1. No one was hurt in the .
2. When there's a lot of noise, it's hard to .
3. Is there a between being tired and doing well in school?
4. I'm not sure, but it's very we will visit you tomorrow.
5. How did he when you told him what happened?
6. I want to buy a new phone, but I don't have money.

Match

a matter of
life or death

לפי

a recent
study

כתוצאה מכך

according to

עניין של חיים
או מוות

as a result

להירדם

aware of

מחקר שנערך
לאחרונה

fall asleep

להיות מודע ל-

Complete the sentence

1. the police, there are more accidents at night.
2. Call an ambulance. It's .
3. Ann was tired. She in front of the TV.
4. We were busy. , we got home late.
5. I'm sorry I'm late. I wasn't the time.
6. Over 1,000 students participated in a .

Match

find it
difficult

מחסור ב-

fresh air

הסיבה
העיקרית

lack of

בטיחות
בדרכים

research
team

אוויר צח

road safety

צוות המחקר

the main
cause

להתקשות

Complete the sentence

1. Five scientists are working together on the .
2. Some students to take exams.
3. The water caused people to get sick.
4. What is of cycling accidents? Why do they happen?
5. This is a very dangerous road. They must do something to improve here.
6. Can you open the window? I need .

Look at the picture on the next page. What do you think the report is about?

Drinking and driving

Being tired and driving

Read the title of the report on the next page. What advice does the title give? Complete the sentence.

If drivers are , they shouldn't .

Now, read the report.

ARE YOU TIRED? DON'T DRIVE!

Tired drivers are dangerous drivers. They react slowly and find it difficult to focus on the road. This is especially true for teenage drivers. Many of them do not get enough sleep. As a result, they are more likely to have a car accident.



1. What is the main idea in lines 1-5?

ANSWER: Tired drivers are

2. What happens when drivers are tired? Write ONE answer lines (1-5)

ANSWER: They

A recent study at Bologna University in Italy shows that there is a connection between lack of sleep and car crashes. The research team asked 339 teenagers about their driving and sleeping habits. They learned that 80 of the teens in the study
10 had caused car accidents. More than half of those teens said they had been sleepy while they were driving.

3. According to the study, what TWO things are connected (lines 6-11)

ANSWER: There is a connection between
and

Alexa Esposito was one of those drivers. After an evening out with her friends, she got into her car and started driving. She was very tired so she opened her window to let in some fresh air. This
15 helped for about five minutes. Then Alexa's eyes started to feel heavy and she fell asleep. Seconds later, her car crashed and she hurt herself badly. Today Alexa is in a wheelchair. She can't walk and she can only use one arm.

What was the main cause of Alexa's accident? (lines 12-18).

4. Give ONE example that shows that Alexa is still affected by her accident. (lines 12-18)

ANSWER:

20 According to the research team, lack of sleep is one of the main causes of car accidents among young people. "Young drivers have to become more aware of the dangers of driving when they are tired," says Angelique Russo from the research team. "They must understand that lack of sleep can kill them!"

What do we learn about Mrs. Russo in lines 19-23?

25 Mrs. Russo and her team recommend educational programs in order to help teenagers improve their sleeping habits. "Getting a good night's sleep is important for many reasons," Mrs. Russo says. "But when it comes to road safety, it can be a matter of life or death!"

6. COMPLETE THE SENTENCE (lines 24-27)

The purpose of the educational program is to...

8. According to Mrs. Russo, getting a good night's sleep can (lines 24-27)