Match

especially	הרגל
habit	כיסא גלגלים
improve	במיוחד
reason	לשפר
recommend	סיבה
wheelchair	להמליץ

Choose the correct word.

1. A reason explains _____ someone did something.
2. A habit is something you _____ do.
3. When you improve something, you make it _____
4. You recommend a book that you _____
5. Nick can't walk. He _____ a wheelchair.
6. She loves animals, especially dogs. She likes dogs _____ than other animals.

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Match

accident	להתרכז
connection	תאונה
enough	סביר
focus	קשר
likely	להגיב
react	מספיק

Complete the sentence

1. No one was hurt in the _____ .
2. When there's a lot of noise, it's hard to _____
3. Is there a _____ between being tired and doing well in school?
4. I'm not sure, but it's very _____ we will visit you tomorrow.
5. How did he _____ when you told him what happened?
6. I want to buy a new phone, but I don't have _____ money.

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Match

a matter of life or death	לפי
a recent study	כתוצאה מכך
according to	עניין של חיים או מוות
as a result	להירדם
aware of	מחקר שנערך לאחרונה
fall asleep	להיות מודע ל-

Complete the sentence

1. _____ the police, there are more accidents at night.
2. Call an ambulance. It's _____
3. Ann was tired. She _____ in front of the TV.
4. We were busy. _____ , we got home late.
5. I'm sorry I'm late. I wasn't _____ the time.
6. Over 1,000 students participated in a _____

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Match

find it difficult	מחסור ב-
fresh air	הסיבה העיקרית
lack of	בטיחות בדרכים
research team	אוויר צח
road safety	צוות המחקר
the main cause	להתקשות

Complete the sentence

1. Five scientists are working together on the _____ .
2. Some students _____ to take exams.
3. The _____ water caused people to get sick.
4. What is _____ of cycling accidents? Why do they happen?
5. This is a very dangerous road. They must do something to improve _____ here.
6. Can you open the window? I need _____ .

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Look at the picture on the next page. What do you think the report is about?

Drinking and driving	Being tired and driving

Read the title of the report on the next page. What advice does the title give? Complete the sentence.

If drivers are _____, they shouldn't _____.

Now, read the report.

ARE YOU TIRED? DON'T DRIVE!



Tired drivers are dangerous drivers. They react slowly and find it difficult to focus on the road. This is especially true for teenage drivers. Many of them do not get enough sleep. As a result, they are more likely to have a car accident.

1. What is the main idea in lines 1-5?

   ANSWER: Tired drivers are _____

2. What happens when drivers are tired? Write ONE answer lines (1-5)

   ANSWER: They _____

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A recent study at Bologna University in Italy shows that there is a connection between lack of sleep and car crashes. The research team asked 339 teenagers about their driving and sleeping habits. They learned that 80 of the teens in the study had caused car accidents. More than half of those teens said they had been sleepy while they were driving.

3. According to the study, what <u>TWO</u> things are connected (lines 6-11)

ANSWER: There is a connection between _____ and _____

Alexa Esposito was one of those drivers. After an evening out with her friends, she got into her car and started driving. She was very tired so she opened her window to let in some fresh air. This helped for about five minutes. Then Alexa's eyes started to feel heavy and she fell asleep. Seconds later, her car crashed and she hurt herself badly. Today Alexa is in a wheelchair. She can't walk and she can only use one arm.

What was the main cause of Alexa's accident? (lines 12-18).

_____

4. Give <u>ONE</u> example that shows that Alexa is still affected by her accident. (lines 12-18)

ANSWER: _____

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According to the research team, lack of sleep is one of the main causes of car accidents among young people. "Young drivers have to become more aware of the dangers of driving when they are tired," says Angelique Russo from the research team. "They must understand that lack of sleep can kill them!"

What do we learn about Mrs. Russo in lines 19-23?

Mrs. Russo and her team recommend educational programs in order to help teenagers improve their sleeping habits. "Getting a good night's sleep is important for many reasons, " Mrs. Russo says. "But when it comes to road safety, it can be a matter of life or death!"

6. COMPLETE THE SENTENCE (lines 24-27)

The purpose of the educational program is to...

8. According to Mrs. Russo, getting a good night's sleep can(lines 24-27)

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