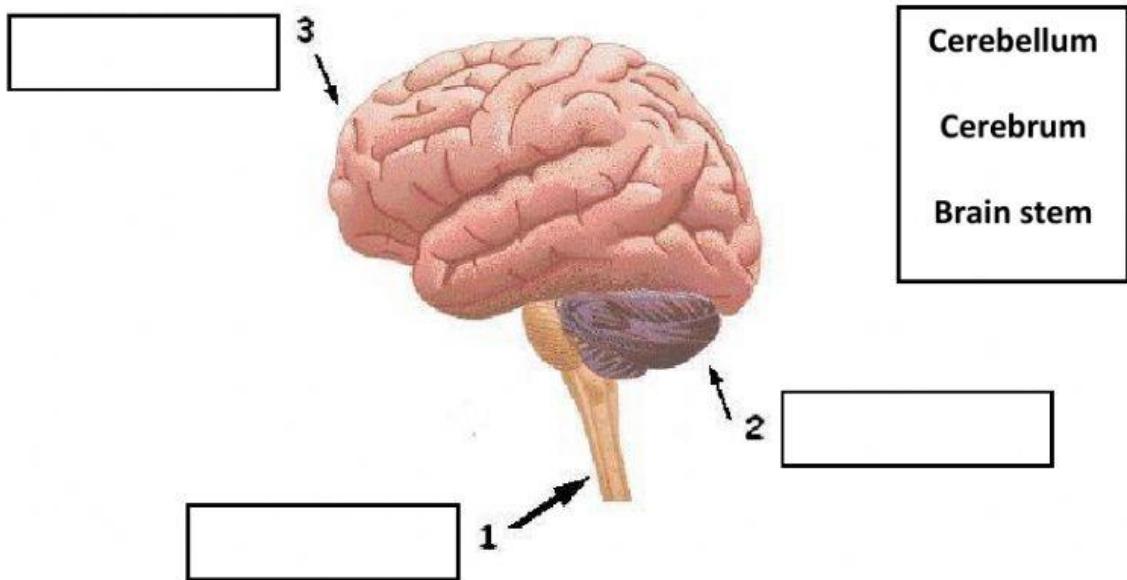


1. Look at the picture and drop each name in the correct place.



2. Match

The cerebrum	controls movements, balance and coordination
The cerebellum	controls involuntary actions such as breathing
The brain stem	control voluntary actions, such as speaking

3. Order the next sentences

1

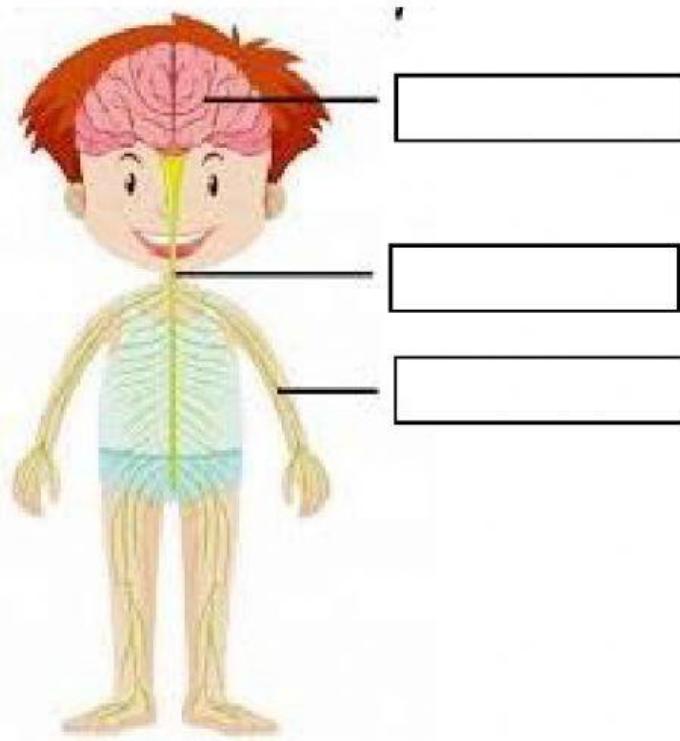
2

3

4

- The brain analyses and interprets this information.
- These messages make your body reacts.
- The nervous system receives information from the sense organs.
- It works together with the spinal cord to send messages to different parts of the body through the nerves.

4. Write the parts of the nervous system.



Nerves
Spinal cord
Brain

5. Match each sense with its organ

Sight	Nose, olfactory nerves
Touch	Tongue, taste buds
Hearing	Eyes, optic nerves
Smell	Ears, auditory nerves
Taste	Skin, sensory nerves

6. Complete this sentence:

The locomotor system is made up of the _____, _____ and _____.

7. Choose or write the correct option:

- Bones are **rigid / elastic**.
- Muscles are **soft / hard**
- Bones can contract and relax: **true / false**

- Muscles pull bones to move: **true / false**
- The skeleton is made up of all the bones / muscles in your body.
- It is divided into three parts: the _____, the _____ and the _____.
- The bones come together at **joints / ligaments**
- **Ligaments / tendons** connect muscles to bones.

8. Match.

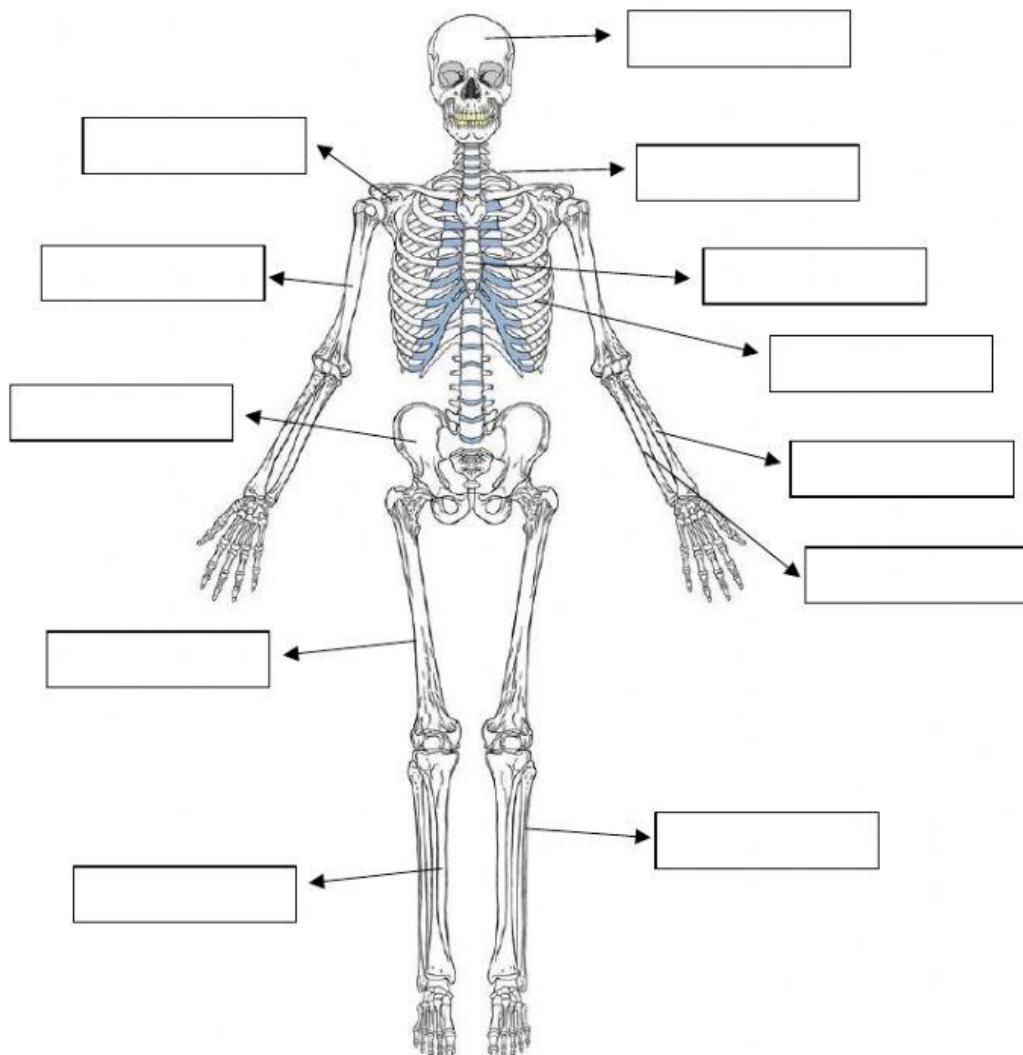
The skeleton

Support the body and protect our internal organs

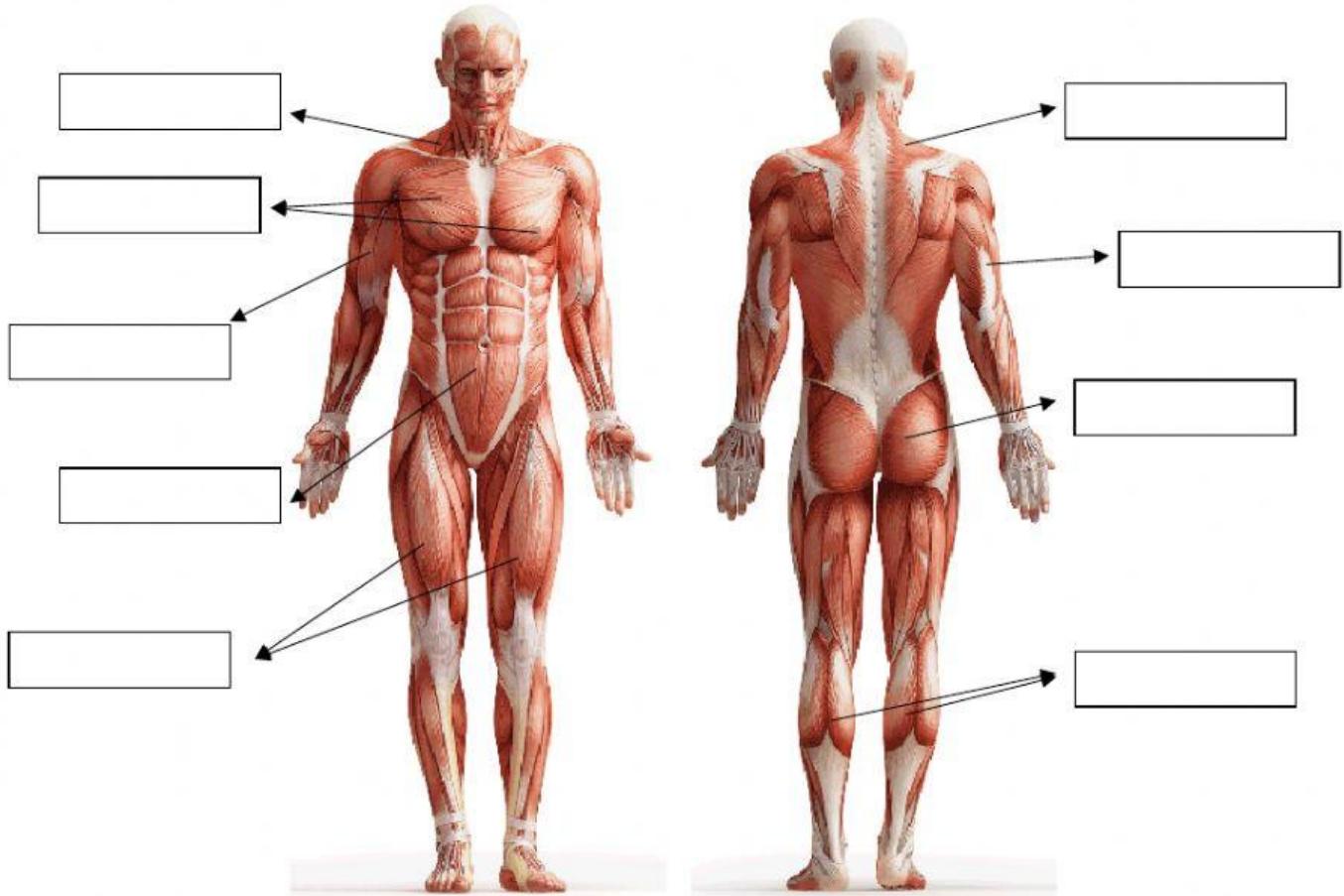
The muscles

Give our body shape and protect our organs

9. Write the next bones:



10. Write the next muscles:



11. Match to make correct sentences

The cerebellum

are connected to the bones by tendons.

The brain stem

controls voluntary actions.

The cerebrum

controls balance, movement and coordination.

The muscles

supports the body and protects the organs.

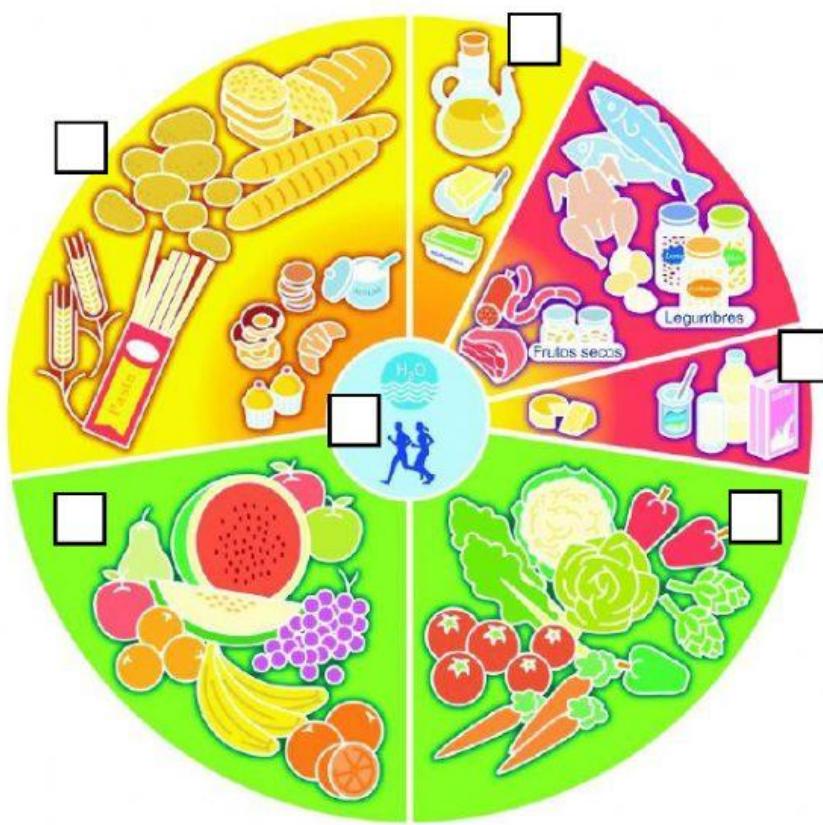
The skeleton

connect bones at joints.

The ligaments

controls involuntary actions.

12. Match each group with its name



- 1** Water
- 2** Dairy products
- 3** Fruit
- 4** Vegetables
- 5** Fats
- 6** Bread, cereals and potatoes
- 7** Meat, fish, eggs and pulses

13. Match each food group with its function:

Fruit and vegetables	contain fibre and carbohydrates
Bread, pasta, cereals and potatoes	contain proteins and iron
Olive oil, seeds, avocados and nuts	contain lots of vitamins and minerals
Meats, poultry, fish, eggs and pulses	contain protein and calcium
Dairy products	contain healthy fats and oils

14. Choose if these habits are healthy or unhealthy.

Drinking water	Exercising three hours a day
Drinking fizzy drinks	Eating lots of salt
Playing sports	Having check-ups
Playing computer games	Sleeping 10 hours
Watching TV everyday	

