

Vocabulary

Complete the text with suitable words.

tissue

medicine

touch

share

air

soap

sick

sneeze

face

fever

Germs can make you (1) _____. They spread through the (2) _____. when a person who is ill coughs and sneezes. You can get germs on your hands when you (3) _____ a person who has a cold or flu.

Don't spread germs!

- Cover your nose and mouth with a tissue when you (4) _____, cough or blow your nose.
- Always wash your hands with warm water and (5) _____.
- Stay home and rest if you have a cough and (6) _____.
- Take the (7) _____ the doctor gives you.

Keep the germs away!

- Wash your hands before eating or touching your (8) _____.
- Don't (9) _____ cups, cutlery or personal belongings with someone who has the cold or flu.
- Use a (10) _____ to blow your nose. Don't use a handkerchief.