

# Comfort Food Homework



**i of course!**  
consultoria em idiomas

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READ THE TEXT BELOW, PREPARE A 1 MINUTE SPEECH ABOUT HOW IT IS CONNECTED TO THE VIDEO YOU WATCHED AND TO YOUR OWN EXPERIENCE IN SELF ISOLATION, RECORD IT AND PRESENT TO YOUR TEACHER NEXT CLASS.



*In a time when much of the world is facing lockdown because of the coronavirus pandemic, unable to see family and friends in person, many of us are turning to food for comfort.*

*Different dishes are considered comfort food around the world, but they're all typically high in sugar, fat, and salt. These flavors are key in not only making us feel happy but also in solidifying these dishes in our memories.*



## USEFUL LANGUAGE

Like most people, I think ...

Unlike most people, I think ...

I'd like to share my experience of ...

My (own) experience of this is ...

A couple of days / weeks / months / years ago ...

A memorable / shocking / typical / bad / terrible / frightening / disappointing experience (that / which) I had is ...

A great / life-changing / good experience (that / which) I had is ...

When I was in kindergarten / primary school / secondary school / college / my first job ...

