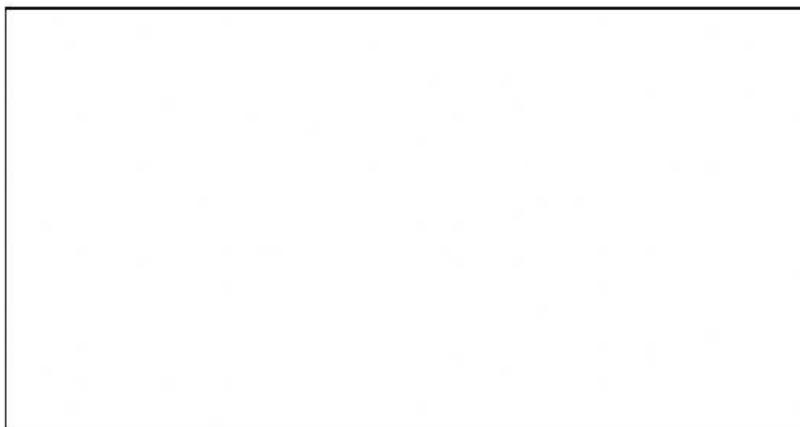


Name: _____

Grade _____

Food and Nutrition Meal Planning

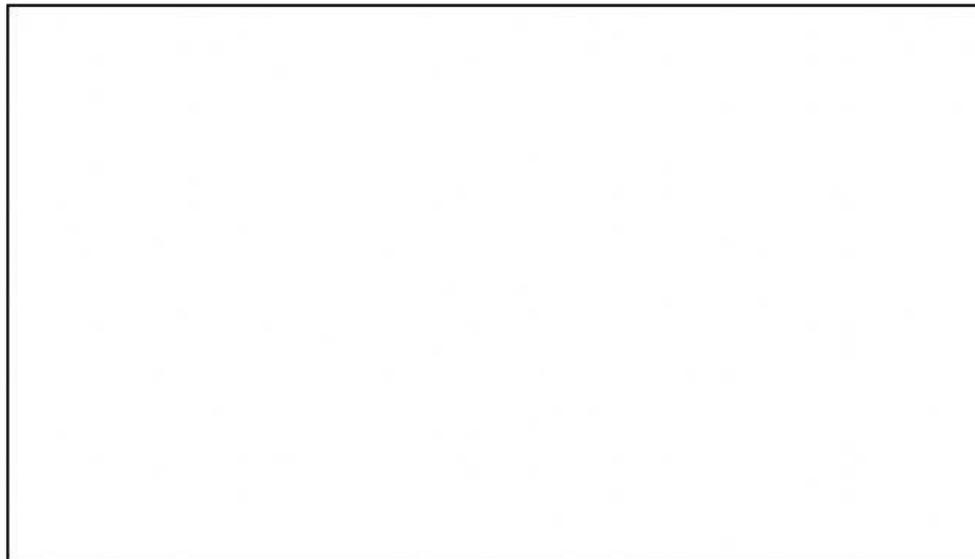
1. Plan a one course breakfast menu.

A large, empty rectangular box intended for students to draw or write their meal plan for a one-course breakfast.

2. Your cousin is turning 14 next month and wants to have a birthday party. Plan a two course meal menu including a dessert for the birthday boy/girl.

A large, empty rectangular box intended for students to draw or write their meal plan for a two-course birthday party for a 14-year-old.

3. Plan a two course meal Thanksgiving dinner for your family to enjoy.

A large, empty rectangular box with a thin black border, designed to provide a space for the student to write their Thanksgiving dinner plan.