

# Comfort Food

**i of course!**  
consultoria em idiomas

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DISCUSS THE QUESTIONS BELOW:

- ✓ What is the best food to eat when you are sick or sad?
- ✓ What is your favorite food that your mother / grandmother / father / grandfather cooks?
- ✓ What kinds of food did you eat when you were a child?
- ✓ Do you eat the same things now?

FOLLOWING THE EXAMPLES FROM THE VIDEO AND USING THE VOCABULARY YOU HAVE LEARNED IN THIS ACTIVITY ANSWER THE QUESTION.

- ✓ *What is your favorite comfort food? What is in it? What ingredients are in it? Why is it your favorite?*

