

LET'S PRACTICE

1. **CHOOSE** the picture that represents the natural resources.



2. **Answer** true or false.

- a. River water is salt water.
- b. Air contains water and oxygen.
- c. Air contains gases and other small particles.
- d. Land is the solid part of the Earth

3. **Tick** the correct pictures :

VEGETABLES

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FRUITS

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CARBOHYDRATES



PROTEIN



DAIRY



4. **Watch** the following video and **answer**:



Choose the good habits we need to stay healthy according to the video:

Wash your hands

Eat vegetables and
fruits

Do exercise

Comb your hair

Go to bed on time

Take a shower