

# GOOD HABITS FOR A HEALTHY LIFE

## 7º A AND B

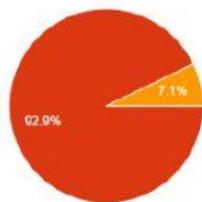
### ANALYSING SURVEY DATA

#### • SLEEP



HOW OFTEN DO YOU GO TO BED LATE?

28 respuestas



92.9% OF STUDENTS

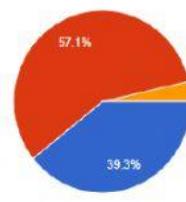
7.1% OF STUDENTS

GO TO BED LATE.

TO BED LATE.

HOW OFTEN DO YOU SLEEP 8 HOURS?

28 respuestas



39.3% OF STUDENTS

57.1% OF STUDENTS

3.6% OF STUDENTS

SLEEP 8 HOURS

SLEEP 8 HOURS.

SLEEP 8 HOURS.

#### • DO STUDENTS IN YEAR 7 SLEEP WELL? (WELL: BIEN)

YES, THEY DO. / NO, THEY DON'T.



#### • EXERCISE AND SPORT



DO YOU PRACTISE SPORTS OR DO EXERCISE?

28 respuestas



(ALL: TODOS) ALL STUDENTS

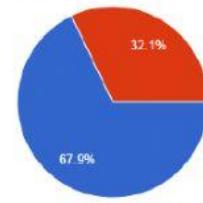
SPORT OR EXERCISE.

67.9% OF STUDENTS

32.1% OF STUDENTS

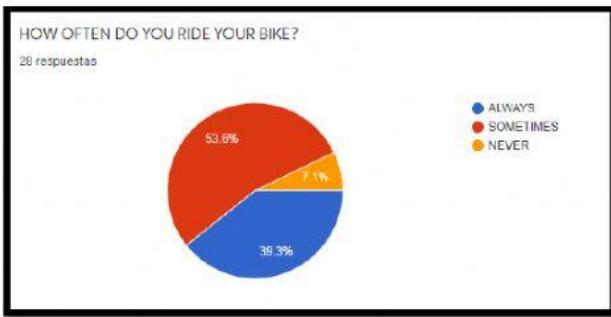
HOW OFTEN DO YOU PRACTISE SPORTS OR DO EXERCISE?

28 respuestas



DO SPORT OR EXERCISE.

DO SPORT OR EXERCISE.



39.3% OF STUDENTS

RIDE THEIR BIKES.

53.6% OF STUDENTS

RIDE THEIR BIKES.

7.1% OF STUDENTS

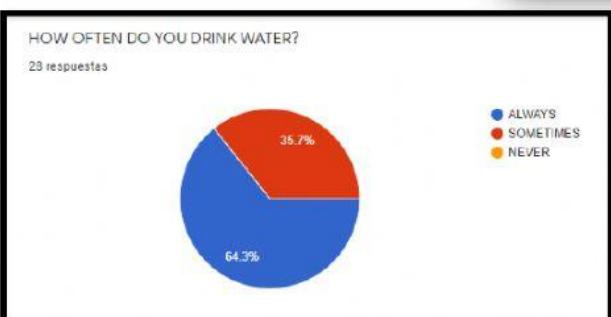
THEIR BIKES.

- *DO STUDENTS IN YEAR 7 DO ENOUGH EXERCISE? (ENOUGH: SUFICIENTE)*

YES, THEY DO. / NO, THEY DON'T.



## • EATING HABITS

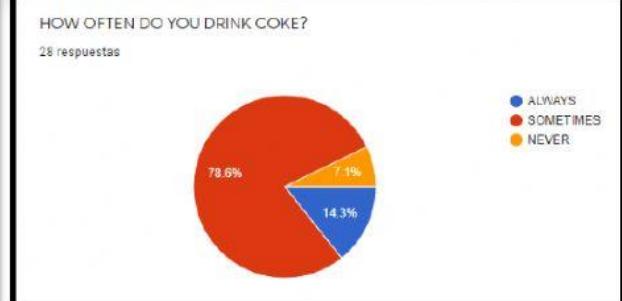


64.3% OF STUDENTS

DRINK WATER.

35.7% OF STUDENTS

DRINK WATER.



78.6% OF STUDENTS

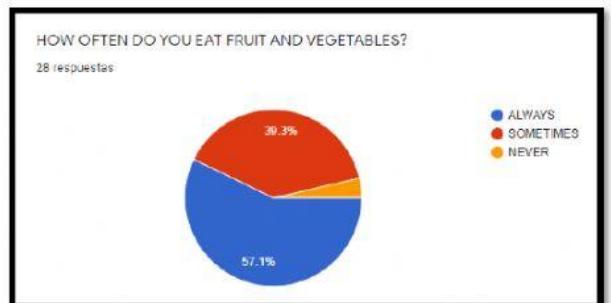
DRINK COKE.

14.3% OF STUDENTS

DRINK COKE.

7.1% OF STUDENTS

COKE.



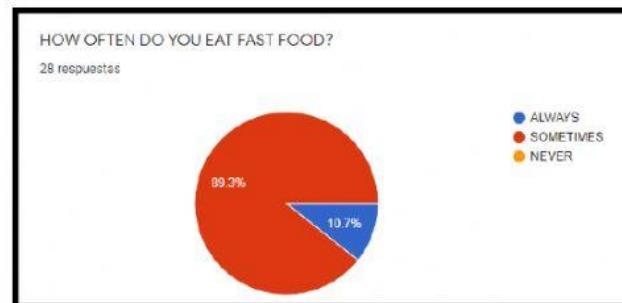
39.3% OF STUDENTS

EAT FRUIT AND VEGETABLES.

57.1% OF STUDENTS

EAT FRUIT AND VEGETABLES.

OF STUDENTS NEVER EAT FRUIT AND VEGETABLES.



(ALL: TODOS) ALL STUDENTS

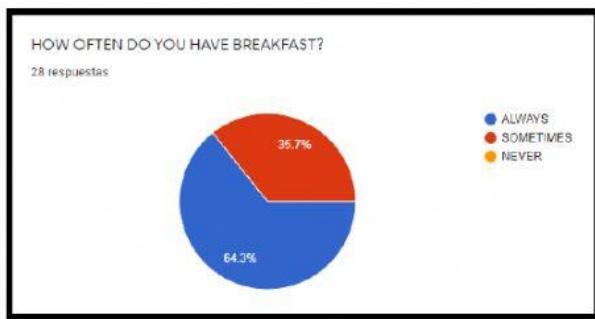
FAST FOOD.

10.7% OF STUDENTS

EAT FAST FOOD.

89.3% OF STUDENTS

EAT FAST FOOD.



(ALL: TODOS) ALL STUDENTS BREAKFAST.

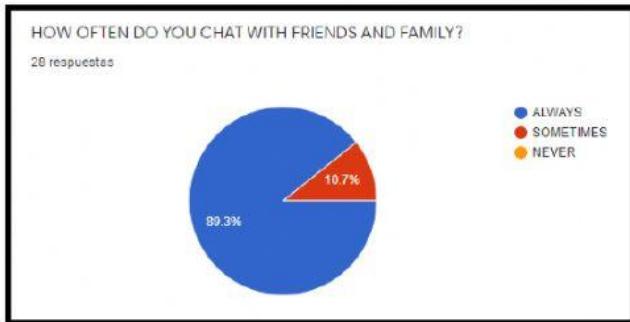
35.7% OF STUDENTS HAVE BREAKFAST.

64.3% OF STUDENTS HAVE BREAKFAST.

- DO STUDENTS IN YEAR 7 **EAT HEALTHILY?** (HEALTHILY: DE MANERA SALUDABLE)  
YES, THEY DO. / NO, THEY DON'T.



## • SOCIAL LIFE



10.7% OF STUDENTS CHAT WITH FRIENDS AND FAMILY.

89.3% OF STUDENTS CHAT WITH FRIENDS AND FAMILY.

- DO STUDENTS IN YEAR 7 HAVE A **HEALTHY LIFE?** (HEALTHILY LIFE: VIDA SALUDABLE)  
YES, THEY DO. / NO, THEY DON'T.

