



Expressing FREQUENCY

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To express FREQUENCY we can use:

- **Adverbs of frequency** (always - usually - sometimes - rarely - never)
- Or **frequency expressions**, when we know the number of times we do something (once/twice/three times a day/week/month/a year).

POSITION in the SENTENCE:

★ Remember that **adverbs** of frequency go **after the Subject and before a main verb** (except with TO BE)

eg: "She never gets up early"

★ and expressions of frequency go **at the end of the sentence.**

eg: "She gets up early once a week."

Draw an arrow from the adverb/expression of frequency to the correct place where it should go.

My mum watches cooking programmes .
rarely
never

My sister plays Minecraft .

once a year

I go to the dentist .

usually

My dad goes to work by taxi .



twice a week

My friends have an English lesson .

three times a day

You should brush your teeth .

Now, re write the sentences placing the adverb/expression of frequency in the correct place.

I finish my homework before dinner. USUALLY

I usually finish my homework before dinner.

My aunt invites us to her house. ONCE A WEEK

My aunt invites us to her house once a week.

I wash the dishes after lunch. RARELY

My dad goes to the museum. TWICE A MONTH

My mum helps me with my homework. SOMETIMES

I invite my best friend home . THREE TIMES
A MONTH