

Vocabulary: Food

You will hear part of a radio interview with a woman called Sue, who has written a book about where food comes from. Listen and write an **X** next to the words you hear.

fish	
fruit	
rice	
juice	
chips	
sausage	
alcohol	
meat	
salt	
vegetables	
potatoes	
sugar	

Match words **1-8** from the radio interview with the meanings **A-G**. You can use a dictionary.

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|----------------------------|---|
| 1. fresh ingredients | A. cooked quickly by moving it around in hot oil |
| 2. local speciality | B. containing a lot of butter or oil |
| 3. stir-fired (vegetables) | C. containing no alcohol |
| 4. raw (fish) | D. a well-known dish from a particular area |
| 5. soft drinks | E. limiting the amount you eat to get thinner |
| 6. fatty (food) | F. recently picked and prepared |
| 7. on a diet | G. cooked in water |
| 8. boiled (rice) | H. uncooked, particularly when a food is usually eaten cooked |