

Vocabulary: Food

You will hear part of a radio interview with a woman called Sue, who has written a book about where food comes from. Listen and write an **X** next to the words you hear.

fish	
fruit	
rice	
juice	
chips	
sausage	
alcohol	
meat	
salt	
vegetables	
potatoes	
sugar	

Match words **1-8** from the radio interview with the meanings **A-G**. You can use a dictionary.

1. fresh ingredients	A. cooked quickly by moving it around in hot oil
2. local speciality	B. containing a lot of butter or oil
3. stir-fried (vegetables)	C. containing no alcohol
4. raw (fish)	D. a well-known dish from a particular area
5. soft drinks	E. limiting the amount you eat to get thinner
6. fatty (food)	F. recently picked and prepared
7. on a diet	G. cooked in water
8. boiled (rice)	H. uncooked, particularly when a food is usually eaten cooked