

Why traveling is important

First WATCH the video, then do exercises 1 to 4!

(1) Watch the video again and fill in the missing words:

We all need a break from our everyday life. Going on a travel is fun and fulfilling, but you can ..... a lot more by actually traveling, ... and being present at the places you visit.

Some benefits of traveling:

(a) <u>It is better to spend your money on experiences rather than on material things.</u>

The ..... you collect are like ..... They will remain forever and will bring you more ..... than new clothes or other material things. Think how good it will feel when you are old and you look back to see not only an ..... but also adventures and ..... you had gone through. And not only when you are old, ever a few years from now you can recall how ..... you had and plan your next adventure. In the end, you will not ..... the things you have done but the things you did not do.

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(b) <u>Traveling is a great opportunity to temporarily get away from your everyday life and look at it from a different point of view.</u>

It's so much easier to deal with ..... and solve problems when you look at them from the ..... While traveling you have a lot of time to think without ..... and make healthy ..... You have a better perspective and maybe even realise that things are not as bad as you thought. In our everyday life we are used to doing the same things, meeting the same people, going to the same places. We basically live in our .....

(c) When you travel, **<u>you get out of your bubble</u>**.

You meet new people, other travellers and ..... You are ..... to different cultures, you see different landscapes and ....., you experience new things. You learn that the world is ..... and helps you understand people that are different from you. Traveling actually makes you smarter. You learn new things all the time. When you travel, you get into unusual situations and ..... different challenges. It makes you push your ....., handle things better and come up with ..... solutions.

After all, the best way to learn is through .....

(d) <u>Travelling helps you to know yourself better</u>.

You are out of your comfort zone and get so see your ..... in different situations. Sometimes even extreme ones. You will be surprised to find out new things about yourself that you didn't know and decide what and how to .....

(e) The best thing of traveling is **<u>the people you meet along the way</u>**.

You get to meet new people from ..... around the world whom you would never have met in your daily life. You listen to their stories, tell yours, hear various opinions and experience things together with people. Happiness is greater when .....

Traveling might sound ..... or too challenging to some people and it's OK.

(f) Just remember that you can **<u>choose your own kind of travel</u>**.

It doesn't have to be trekking in the mountains although that could be fun. But you can do anything: ....., ..., ..., visit small villages and so on. You will get more ..... and learn what is good for you. Have a nice trip!

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(2) In the video, the word "thing" is quite frequently used. Find better words for each "thing" in the text. Do not repeat your words. Do not use "stuff" instead! Make sure your "new" sentences make sense – You might have to rephrase them!

line 5 & 8: material **things**	
line 12: the **things** you have done but the **things** you did not do	
line 17: **things** are not as bad	
line 18: we do the same **things**	
line 23: experience new **things**	
line 25: you learn new **things**	
line 27: handle **things** better	
line 32: find out new **things**	
line 34: the best **thing** of traveling	
line 37: experience **things** together with people	

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(3) Which one of the points (a-f) mentioned above is the most important for you? Give good reasons. Write 80 – 100 words.

(4) Which one of the points (a-f) mentioned above is the least important for you? Give good reasons. Write 80 – 100 words.

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