

# Living in the Arctic





The Native American people of the Arctic region included many tribes such as the Inuit, Yupik, and Aleut. People in this region lived in Alaska, Canada, and spread into Greenland.



# IGLOO

Native Americans living in the Arctic region used the resources found in their environment to survive. Many lived in Igloos. Igloos are dome-shaped snow houses constructed of blocks cut from snow and ice.

## **LIVING IN THE ARCTIC**

THE NATIVE AMERICAN PEOPLE OF THE ARCTIC REGION INCLUDED THE INUIT TLINGIT, CHINOOK, YUPIK, AND ALEUT PEOPLE.

THEY LIVED IN EXTREMELY COLD WEATHER TEMPERATURES BELOW FREEZING MOST OF THE YEAR. THEY HUNTED CARIBOU POLAR BEARS AND OTHER SMALL ANIMALS.

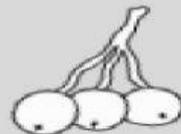
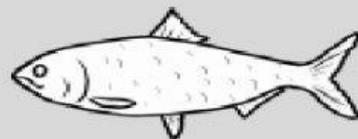
THE ANIMALS GAVE THEM FUR FOR COATS BOOTS AND PARKAS AND HATS MADE FROM ANIMAL SKINS.

SOME TRIBE LIVED IN SODHOUSES THESE SHELTERS WERE MADE BY DIGGING A PIT INTO THE EARTH AND USING SOD TO FORM THE WALLS, WHALEBONES AND PIECES OF WOOD WERE USED AS A FRAM FOR THE ROOF.

DOGS AND WOLVES WERE USED TO PULL SLEDS OVER THE SNOW AND ICE TO CARRY SUPPLIES AND FOR TRAVELING.

## FINDING FOOD

Finding food was often a challenge for them so they used the natural resources found in their environment. Their diet was mainly made up of fish that came from the ocean and nearby lakes. The fish was dried and smoked in smoke houses for their winter food. They hunted whales, walrus, seals, caribou, and other small game. In the short summers, they gathered berries and other plants that grew there.



NAME 3 FOODS THEY ATE:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

DESCRIBE THEIR CLOTHING:

---

---

---

DESCRIBE THEIR HOUSES:

---

---

---

NAME 3 NATURAL RESOURCES THEY USED  
TO SURVIVE:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

TELL ONE INTERESTING FACT YOU LEARNED  
ABOUT THEM:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_