Comparing present simple and present continuous.

Tense helps us to understand when the action happens.

Present Simple

Key words:

always, sometimes, often, never, every day, on ...

Someone does something frequently (more than one time.)

Present Continuous

Key words:

now, at the moment, today, this week, this month ...

Someone is doing something now. (The action is not finished.)

Positive	
I brush my hair every day.	I am brushing my hair now.
She brushes her teeth frequently.	She is brushing her teeth at this moment.
They brush their hair sometimes.	They are brushing their hair this afternoon.
Negative	
I do not brush my hair on weekends.	I am not brushing my hair now.
She does not brush her teeth sometimes.	She is not brushing her teeth this morning.
They do not brush their hair often.	They are not brushing their hair at the moment.
Question	
Do I brush my hair every day?	Am I brushing my hair this morning?
Does she brush her teeth often?	Is she brushing her teeth now?
Do they brush their hair everyday?	Are they brushing their hair at the moment?

What is the tense?

Click on the tick in the correct column.

	Present Simple	Present Continuous
Do they walk the dogs on Fridays?	✓	✓
Is he sitting in the kitchen this morning?	✓	✓
Am I eating my apple today?	✓	✓
Does she wear long, red, pants?	✓	✓
Am I reading an email at the moment?	✓	✓
Do I catch the bus to TAFE every day?	✓	✓
Doesn't he walk to school?	✓	✓
Are they planting a garden this week?	✓	✓
Isn't she sleeping right now?	✓	✓
Are they riding to work today?	✓	✓
Do I wake up at 6am every day.	✓	✓

Finish the questions by typing in the correct word/s.

1. ___ I _____ (walk) to TAFE every day?
2. _____ she _____ (swim) at the Aquatic Centre on he weekend?
3. _____ she _____ (talk) on her phone right now?
4. _____ he _____ (catch) the bus every weekend?
5. ___ I _____ (sleep) in my bed at night?
6. ____ they _____ (cook) breakfast at the moment?
7. ___ he _____ (buy) clothes today?
8. ___ they _____ (run) in the park every weekend?
9. ___ we _____ (learn) English this year?
10. ____ Gillian _____ (work) at TAFE on Mon, Wed, Thur and Fri?