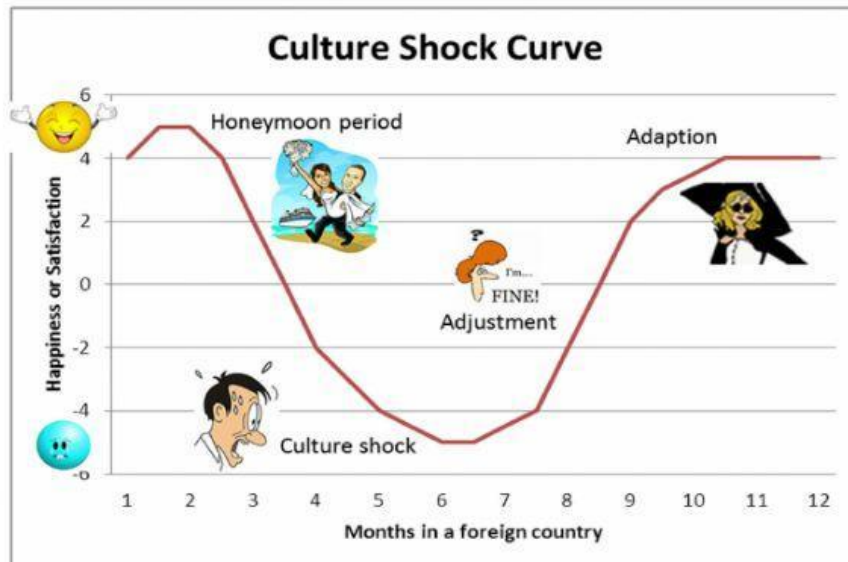


Name: _____ Date: _____

Part I. VOCABULARY & READING. Read the following text. Notice the underlined words



THE 4 STAGES OF CULTURE SHOCK

Culture shock. You are lost, standing confused in a new place, unable to tell left from right, up from down, phone booths from trash cans or **conn-artists** from Friends. But this image of **sudden** shock isn't quite right.

In reality culture shock is a **phenomenon** that can take months to develop.

Culture shock tends to move through four different **phases**: Wonder, frustration, depression and acceptance.

1. **Wonder**. This phase also known as "the honeymoon phase" is usually the first phase experiences. It's often very positive. You are **fascinated** with the language, the people and the food. The trip seems like the greatest thing you have ever done. It's an adventure and you enjoy everything.

2. **Frustration**. This is a difficult stage of culture shock familiar to anyone who has lived abroad or travelled for a long time. You don't understand gestures. You get **laughed at** or you offend a little old lady without knowing why. You feel angry often and miss your own culture.

3. **Depression**. This is the worst stage of culture shock. You are **homesick** and sad all the time. It is hard to be so far away, especially if you are all by yourself. It feels like nothing will ever be okay again after you get on that plane home.

4. **Acceptance**. After weeks and months of **struggling** through a thousand different emotions, acceptance finally arrives like a warm bath at the end of a hard day. Acceptance does not mean total understanding. It is almost impossible to ever completely understand another culture, but involves the **realization** that you don't have to "**get it**" all. You find what makes you happy and **content** in your new **surroundings**.

Answer the following questions:

1. What was the article about?

2. How many stages of Culture Shock are there?

3. Have you ever experienced any of these stages of culture shock?

4. How would you help a friend or a family member who has experienced culture shock?
What would you say or do to make him or her feel better?

Part II. WRITING. Write a story about a time when you had big expectations, but you were let down.

Storytelling. It wasn't what I expected!

Sometimes when you travel you are disappointed. Something doesn't go as planned it or it wasn't very exciting.

Example: I have been in a foreign Country: I went to Paris when I was 16. I was expecting to have a life-changing experience. I was excited to European culture and famous architecture. But it was a big let-down. I didn't enjoy Paris at all. I had to wait in long lines to see the sights or it wasn't able to see them because there were so many tourists. Everything was very expensive and the food wasn't that great. My hotel was in a bad neighborhood and far away from the interesting places. I have been waiting to say that: It wasn't what I expected.

Write your own story.

Part III. Speaking: Look at the customs of different Countries and discuss with your partner



Canada: If you are invited for a meal, you should arrive on time.



Indonesia: Never point to anything with your foot.



France: When eating out, keep both hands on or above the table.



South Korea: Always use both hands to pass something to an older



Egypt: Don't eat anything with your left hand.



Thailand: Never touch anyone, especially on the head.

Speak in pairs:

1. What customs were different from your country's customs?
2. Where would you like to go and what do you think it will be like?
3. Do you think it is important to follow a country's customs when you visit there?
4. What are some of the most important customs of your country?
How about Japan or China? How about America or Australia?
5. Do you follow all of your country's traditional customs?
6. What are some strange foreign customs that you have heard of?