

## Past Continuous Tense

### Was/were + verb + -ing

**Actions that were in progress at a certain point or at a certain time period in the past.**

- He \_\_\_\_\_ all day. (fly)
- Last night at 8 o'clock we \_\_\_\_\_ . (dance)
- At 1pm today we \_\_\_\_\_ coffee. (have)

**Annoying repeating actions in the past.**

- They \_\_\_\_\_ always \_\_\_\_\_ me to do all the work. (leave)
- He \_\_\_\_\_ always \_\_\_\_\_ on duty. (sleep)
- He \_\_\_\_\_ always \_\_\_\_\_ while he worked. (whistle)

**A past action was in progress when another action interrupted it.**

- While Julie \_\_\_\_\_ the dishes, the phone rang. (wash)
- I \_\_\_\_\_ football, when I broke my ankle. (play)
- They \_\_\_\_\_ when the alarm went off. (sleep)
- He \_\_\_\_\_ when the accident happened. (drive)
- He \_\_\_\_\_ when he stumbled and fell. (walk)

**Two or more actions which were happening simultaneously (at the same time) in the past.**

- She \_\_\_\_\_ (cook) while the baby \_\_\_\_\_ (sleep)
- He \_\_\_\_\_ (play) golf while she \_\_\_\_\_ (read)
- They \_\_\_\_\_ (play) while their mother \_\_\_\_\_ (work)