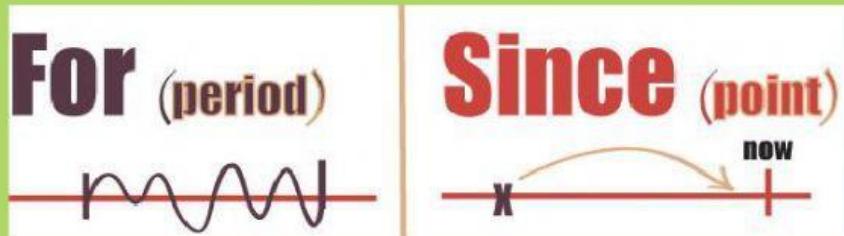# For or Since?

❖ **We often use** *"for"* **and** *"since"* **when talking about time.**

"FOR" **is used to talk about a period of time. (for example: for three years)**

"SINCE" **is used to talk about a point in time (for example: since 1997)**

For (period) | **Since** (point)

now

★ Look at the time words and expressions in the box.
★ Put them in the correct column.

Last night – 10:30 – a day – a couple of weeks – July 10th – ages –

three months – a long time – I was 8 years old – 1973 – an hour –

last summer – Friday night – a decade – ten minutes- yesterday –

this morning – a moment – lunch time – the Second World War –

24 hours – a few minutes – six o´clock – a week – winter –

a century – Christmas – 25 years

FOR	SINCE

CHALLENGE: CHOOSE 4 TIME WORDS OR EXPRESSIONS
AND USE THEM IN SENTENCES!

REMEMBER TO USE ''FOR'' OR ''SINCE''

You can do it in the instructions!!