



FREQUENCY

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To express **FREQUENCY** we can use:

- **Adverbs of frequency** (always – usually – sometimes – rarely – never)
- Or these **expressions**, when we know the number of times we do something:



Let's concentrate on these expressions.

Number + Times	A	Time Period
Once*	a	day
Twice*	a	week
Three times	a	month
Four times	a	year

Click on the pictures, listen to the sentences and choose once, twice, three times or four times. Then, write the complete sentence.



Mum (wash) the clothes / once a week.

Mum **washes** the clothes once a week.



Dad (go) to the supermarket / _____ a month.



Ian (have) virtual lessons / _____ a day.



Jenny (go) to the dentist / _____ a year.



My cousins (play) tennis / _____ a week.



Now, answer the following questions.

once a.... / twice a..../ three times a .../four times a.....

① How often does Peter visit his grandparents? 1/week

He visits his grandparents once a week.

② How often does Mike go shopping? 1/ month

③ How often do your parents go to the cinema? 2/month

④ How often does your brother have a music lesson? 3/ month

⑤ How often do your friends play video games? 4/ week.

⑥ How often does your mum cook? 2/day