Sports
Vocabulary

A Complete the word groups with these words:
canoeing cap final referee stick team tournament track

1 linesman, judge,	5 sailing, windsurfing,
2 pitch, pool,	6 competition, championship,
3 racket, bat,	7 individual sports, indoor sports,
4 helmet, glove,	8 match, game,

B Complete the idioms in these sentences bellow with these words
ball course court neck race sails worms

1 I wanted to take part in the tournament, but my trainer said I wasn't ready. That took the wind out of my sails.
2 We have to do something immediately if we want to help. It's a race against time.
3 The cyclists were neck and neck as they got to the finishing line. It was a very exciting race.
4 Let's go for a run. If we want to get fit, we have to get the ball rolling!
5 If you accuse John of cheating you will be opening up a can of worms.
6 You should expect difficulties when you're training for the Olympics. It's par for the course.
7 It's completely up to him to decide what he'll do about his trainer. The ball is in his court.

C Choose the correct option

Athletics is one of the most popular types of sport. People have been (1) scoring / holding athletics competitions since ancient times, ever since the Olympic Games began in 776 BC. Usually, individual athletes (2) compete / excel against each other in running, jumping, throwing and a variety of other activities.
To (3) succeed / achieve in running, you must have speed, (4) strength / weakness and strategy. Sometimes you have to (5) stroll / sprint to the finishing (6) line / trophy, whereas at other times you have to (7) race / pace yourself. Jumping events include the pole vault and the triple jump. In order to try and (8) beat / win your opponents in the triple jump you have to do a (9) hop / lap and a step and then jump

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as far as you can into a sandpit. So what are you waiting for? If you want to be the next person to (10) break / set a new record, you have to start now. On your (11) points / marks, get set, go! And may the best man (or woman) (12) win / lose!

D Do you agree with these statements?

Referees are never fair and they always create problems.

Individual sports are much more interesting to watch than **team sports**.

It's more important to **compete** than to **win.**

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