Do I double it? Check this chart:

| The word has one syllable. | Examples: pop wed dig |
|---|--------------------------------|
| The word has one vowel. (Remember y and w can be part of a vowel team, like in the words day and snow) | Pop Pop dig |
| The word has one final consonant. | bob med qið |

Double the consonant to add -ed and -ing

| -ing | |
|------|----------|
| hop | |
| rub | |
| step | stepping |
| stop | |
| clap | |