

# Expressing FREQUENCY



**Remember!**

To express **FREQUENCY** we can use:

- Adverbs of frequency (always - usually - sometimes - rarely - never)

**NEW**

- Or the following expressions, when we know the number of times we do something:

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|---|---|---|---|---|---|---|
| | X | | | | | |

**once** a week

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|---|---|---|---|---|---|---|
| | X | | | X | X | |

**three times** a week

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|---|---|---|---|---|---|---|
| X | | | X | | | |

**twice** a week

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|---|---|---|---|---|---|---|
| X | X | X | | X | | |

**four times** a week

**Write complete sentences using the Present Simple form of the verbs in brackets and one expression of frequency.**

1. My mum / (go) to the supermarket /

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|---|---|---|---|---|---|---|
| | X | | | | | |

My mum goes to the supermarket once a week .

2. My sister / (watch) sitcoms /

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|---|---|---|---|---|---|---|
| | X | | | X | X | |

3. I / (have) English lessons /

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|---|---|---|---|---|---|---|
| X | X | X | | X | | |

4. My brother / (play) video games /

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|---|---|---|---|---|---|---|
| | X | | | | | |

5. My mum / (visit) my grandpa /

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|---|---|---|---|---|---|---|
| X | | | X | | | |