



Expressing FREQUENCY

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Remember!

To express FREQUENCY we can use:

- Adverbs of frequency (always - usually - sometimes - rarely - never)
- Or the following expressions, when we know the number of times we do something:

Mon	Tue	Wed	Thu	Fri	Sat	Sun
X						

once a week

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	X			X	X	

three times a week

Mon	Tue	Wed	Thu	Fri	Sat	Sun
X			X			

twice a week

Mon	Tue	Wed	Thu	Fri	Sat	Sun
X	X	X		X		

four times a week

Write complete sentences using the Present Simple form of the verbs in brackets and one expression of frequency.

1. My mum / (go) to the supermarket /

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				X		

My mum goes to the supermarket once a week .

2. My sister / (watch) sitcoms /

Mon	Tue	Wed	Thu	Fri	Sat	Sun
X				X	X	

3. I / (have) English lessons /

Mon	Tue	Wed	Thu	Fri	Sat	Sun
X	X	X		X		

4. My brother / (play) video games /

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				X		

5. My mum / (visit) my grandpa /

Mon	Tue	Wed	Thu	Fri	Sat	Sun
X			X			