

POSITION OF ADVERBS AND EXPRESSIONS OF FREQUENCY

Read the text about teenagers in the USA and then complete the sentences:

HOME
BLOG
NEWS
ABOUT



Teenagers in trouble

American teenagers may, for the first time in the nation's history, live shorter lives than their parents because of their unhealthy lifestyles. According to recent research:

- 96% **spend** more than five hours looking at a screen **every day**.
- 86% **hardly ever** **eat** fruit or green vegetables.
- 75% **don't usually sleep** for eight hours a day – the average is seven hours.
- 34% **eat** fast food at least **once a day**.
- 33% **drink** more than four sugary drinks **every day**.
- 31% **are often** very stressed.
- 25% **never do** sport or exercise.

Look at the position of the **highlighted** words and expressions. Circle the correct rule.

- Adverbs of frequency (e.g. *usually*) go:
before / after a main verb.
before / after the verb be.
- Expressions of frequency (e.g. *every week*) go at the
beginning / at the end of a phrase or sentence.

Complete the months in the phone, then listen and repeat:

Day	Week	Month	Year
JAN ____	FEB ____	MAR ____	
APR ____	MAY	JUN ____	
JUL ____	AUG ____	SEP ____	
OCT ____	NOV ____	DEC ____	



IN + MONTH. Write the first letter of the month with capital letter.

My birthday is in December. When is your birthday?

My birthday is / It's