



# MY DAY AND MY ROUTINES.

Present Simple vs. Present Continuous

A

**01.**  
**REVISION.**

- Simple Present.
- Present Continuous.

**02.**  
**SIMPLE PRESENT.**

- Routine verbs.

**03.**  
**PRESENT CONTINUOUS.**

- What are you doing?

**04.**  
**PRACTISE.**

- Let's work!

B



**REVISION.**



**B**

**A**

**C**

# SIMPLE PRESENT.

## SUBJECT.

I

WE

YOU

THEY

## VERB.

WATCH TV

HAVE LUNCH

DO HOMEWORK

GO TO BED

## Adverbs of frequency– Adverbios que expresan frecuencia.

Los adverbios de frecuencia los utilizamos para expresar cuán a menudo realizamos ciertas actividades. Prestemos atención al siguiente cuadro:

### Adverb of frequency.

Every day.

Every Tuesday.

Every week.

Every month.

Every year.

### Significado.

Cada día.

Cada martes.

Cada semana.

Cada mes.

Cada año.

### Ejemplo.

I go to school every day.

They play football every Tuesday.

I visit my grandparents every week.

We go to the cinema every month.

I go to the beach every year.

# SIMPLE PRESENT.



**I HAVE LUNCH AT  
12:30 EVERY DAY**

**I DO HOMEWORK IN  
THE EVENING.**

**I GO TO BED AT TEN  
O'CLOCK.**



# DAILY ROUTINES.



¡Veamos este video!

[https://www.youtube.com/watch?v=JwGnCl\\_sL0pU](https://www.youtube.com/watch?v=JwGnCl_sL0pU)

**¿Qué tienen en común Mark y Nicole?  
Mark the sentences True or False.**

They have breakfast with their families.	
They have lunch at the cafeteria.	
They play basketball	
They have dinner with their families	
They chat with their friends.	

A

B

**LET'S  
PRACTISE!**



**B**