

My Favourite Day of the Week (p.1)



Amy, 28

Most people say their favourite day is Saturday or Sunday, when they have a break from work. I love my weekends, but I think my favourite day of the week is actually Friday. I'm an accountant in an office and there's always a great atmosphere because it's the end of the week. People are excited about the weekend and everyone's talking about their plans. And we even look different—we all wear smart clothes from Monday to Thursday, but on Fridays it's OK to wear anything we want. Most people just come in jeans and T-shirts. And we all go out together at the end of the day. Some of my colleagues are just so funny!



Darek, 19

I'm a waiter, so my working hours are different to most people's. Basically, if most people are relaxing, I'm working! In the restaurant, Fridays and Saturdays are really busy: we have a lot of parties, so we work long hours. It's fun because people are enjoying themselves. Sundays are a bit quieter. But on Mondays, the restaurant is closed and that's the best part of my week. I usually get up late, relax at home and maybe have a nap in the afternoon if I'm tired. I don't do much—just watch films—but sometimes that's exactly what I need. Perhaps it's not very healthy—I want to start playing football or something. Maybe I will, on Thursday afternoons.



Pietro, 38

Like everyone, I enjoy my weekends, but they're never very relaxing. There's always so much to do: tidying the house, getting meals ready, that sort of thing, because we often invite relatives round for lunch on Sundays. But the day I enjoy the most is Tuesday. I work different times every day and that's the day I finish early. I pick my kids up from school and take them swimming and we always have such a great time together. And when I'm back at work on Wednesday morning, I always feel better.

Task 1: Match the people with their favourite day.

1 Amy _____

2 Darek _____

3 Pietro _____

- a Monday
- b Tuesday
- c Wednesday
- d Thursday

- e Friday
- f Saturday
- g Sunday

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Task 2: Use the text. Write the correct names for each question.

Who:

1. can leave work early one day a week? _____
2. works in an office as an accountant? _____
3. spends weekends tidying the house? _____
4. has to go to work at weekends? _____
5. goes out with his/her colleagues once a week? _____
6. thinks he/she should do some sport? _____
7. sometimes has a nap on their favourite day? _____
8. has to do lots of things at home at weekends? _____
9. doesn't have to wear smart clothes at work every day? _____

Task 3:

Debate: Which weekend day is better: Saturday or Sunday?

- a) The teacher will put you into a team: Team Saturday or Team Sunday.
- b) In Breakout Rooms, discuss with your team why your day is the better weekend day. Here are some examples of questions you can answer:
 - What do you usually do on your team's day?
 - What do other people usually do on your team's day?
 - What makes your team's day the better weekend day?
 - Why is the other team's day not as good?
- c) Choose a team member to make an opening statement.
- d) In class, argue that your day is the better weekend day, and respond to the other team.