

**Subject: Health and Family Life**  
**Topic: Types of Disabilities (Physical and Mental Disabilities)**

**Instructions:** Read each statement. If it is true, select **true**. If the statement is false, select **false**.

1. It is good to bully other people.
2. We should respect others and their differences.
3. You should apologize to someone if you hurt their feelings.
4. You should not be friends with people who have disabilities.
5. Avoid talking unkindly to someone because he/she looks or acts differently from you.
6. A disability is a physical or mental problem that makes it difficult for a person to walk, hear, see, speak, learn or do other important things.
7. There are physical disabilities and mental disabilities.
8. Being shy is a type of disability.
9. A visual impairment such as blindness is a disability.
10. Bullying someone is one way to make friends with a person.