

Fill in the blanks-

- 1. We should drink a proper amount of _____ along with a good diet.**
- 2. _____ is made by crushing grains.**
- 3. Farm birds whose eggs are used as food are called _____ birds.**
- 4. _____ is a substances present in food, needed for life, good health and growth.**
- 5. _____ is considered to be a complete food.**
- 6. _____ can provide a lot of energy to us and keep our body warm**
- 7. Dalia, sooji and Maida are obtained from _____ of wheat.**
- 8. Semi-solid food is given, when a child is nearly _____ months of age.**
- 9. Carrot is a _____, it can be eaten raw.**