

How often . . . ?

Answer these questions.

1. How often do you do exercise?

2. How often do you connect to online classes?

3. How many hours do you sleep every night?

4. How often do you drink milk?

5. How often do you eat junk food?

6. How often do you drink coffee?

7. How often do you eat vegetables?

8. How often do you eat fruit?

9. How often do you wash your hair?

10. How often do you help your mother with the housework?

Look at the chart and answer these questions.

✓✓✓✓✓✓ = always

✓✓✓✓✓ = usually

✓✓✓✓ = often

✓✓ = sometimes

✓ = hardly ever

✗ = never

	Gabriel	Ana	José
watch TV	✓✓✓✓✓✓	✓✓✓✓✓✓	✓✓✓✓
ride a bike	✓✓✓✓✓✓	✓✓✓✓✓✓	✓✓
go swimming	✗	✓✓	✓
play tennis	✓✓	✓✓✓✓	✗

1 How often does Gabriel watch TV?

2 How often does he ride a bike?

3 How often does he go swimming?

4 How often does he play tennis?

5 How often does José play tennis?

6 How often does he ride a bike?

Frame the questions.

1 _____

Ana usually **watches** TV.

2 _____

She always **rides** a bike.

3 _____

She sometimes **goes** swimming.

4 _____

She often **plays** tennis.