

# Everything begins with your heart

It's located \_\_\_\_\_ to the left-hand side of your chest between your lungs and is about the size of your fist. A normal heart beats around 72 times per minute. Each beat \_\_\_\_\_ blood away. The heart is made up for four different areas or \_\_\_\_\_, each one has a different job. The left atrium receives oxygenated blood from the lungs and pumps it to the \_\_\_\_\_ ventricle. The left ventricle pumps out blood to the body. The blood travels through the \_\_\_\_\_ carrying oxygen and \_\_\_\_\_ to the cells. The \_\_\_\_\_ atrium receives blood from the veins, it is carrying \_\_\_\_\_ from the cells. Then blood goes to the right ventricle. The right ventricle pumps \_\_\_\_\_ blood to the lungs. They will clean and oxygenate it again. And the \_\_\_\_\_ starts all over again, more than 100,000 times every day.

*nutrients*

*cycle*

*pumps*

*slightly*

*dirty*

*chambers*

*left*

*waste*

*right*

*arteries*

Teacher Malo

