

## Learning Unit 7: I would if I could

1. Read the text and complete the blanks with the words given. Remember to choose the one that suits better considering the context.

\*cruise

\*ports

\*passenger

\*flight

\*crew

\*pilot

\*departure lounge

\*abroad

### Moving to a New Country

Adapted from: <https://www.moving.com/tips/getting-adjusted-after-moving-new-country/>

If you move to a new country, you will experience surprising and exciting experiences. You never realize quite how strongly tied to the culture of your home country you are until you move 1. \_\_\_\_\_ and are faced with a culture—and possibly a language—that is markedly different than your own. You'll feel the change. The trick is to embrace it, instead of letting it get the best of you. Because whether you opted for moving to a new country because you wanted some adventure or because your job or something else brought you there, getting adjusted starts with leaning into the experience and getting the most out of you. Here's how to do that.

#### Plan your trip

If you book a 2. \_\_\_\_\_, it is cheaper to fly into airports close to your final destination, and then take a train or bus to where you need to go. Be sure to shop around for your flight and know that direct isn't always the cheapest route. If you're planning to do any activities or excursions on your trip, you can book them online. Companies usually offer a discounted price when compared to buying in person. Not only that but you'll be able to pay with a credit card, giving you some extra protection as well as more travel points! If you're taking a ship or a 3. \_\_\_\_\_, you need to take a medical kit with you. Last year, I chose not to carry the medical kit and I had a terrible experience. If I had packed some medicine, I wouldn't have spent so much money in the 4. \_\_\_\_\_ pharmacy. It's a good idea to consider including medication for common illnesses, pain, allergies, constipation, and motion sickness.

#### Research the culture and language of your new country before you move

If you are visiting a new country for vacation, you'll want to learn about the norms and cultural expectations of the area before you arrive there. Understanding standards of behaviour is important for getting acclimated, and it's easier to know them before you go than to try and figure them out the hard way. Take the time to



read up on cultural etiquette in your soon to be home and you'll make the transition from tourist to local a lot easier on yourself.

If you're moving to a country with a language, you're unfamiliar with, you don't have to be fluent by the time you get there but you should know the basics. Start practicing as soon as you get to the

5. \_\_\_\_\_ . Get comfortable with simple niceties like "hello" and "thank you," as well as terms that will help you navigate around in the beginning. You can talk to the 6. \_\_\_\_\_ ; they will be happy to talk to you.

### **Accept that you might feel homesick**

As a 7. \_\_\_\_\_ , travelling to a new place for the first time, everything will be amazing. But after a while, homesickness is perfectly normal. Immersing yourself in a new culture and language can make you feel isolated in your own experiences or leave you longing for the comforts and familiarities of home. Don't let homesickness keep you from enjoying your new home, though. If you spend your time communicating with your friends back home, it will be harder to acclimate to your new home. The first time, I travelled abroad, I decided not to meet anybody new. If I had stopped facetimeing with my friends from my old school, I would have made friends in my new school in an easy way. Fortunately, I found nice classmates who insisted and made me feel comfortable.

### **Get out and explore**

One of the very best parts of moving to a new country is getting to immerse yourself in an entirely different world than you're used to. If you were the 8. \_\_\_\_\_ in this new adventure, you would explore and discover all that's around you is a way to acclimate yourself to your new environment. So, act like the pilot and check out celebrated sites and attractions, and take lots of long, lingering walks, paying mind to the people and things that you see along the way. You'll quickly learn the lay of the land, as well as what makes it so special.

Moving to a new country—and with it, a strange new world—isn't necessarily a simple adjustment, but it is an amazing opportunity. Whether you've made the move permanently or are just there temporarily, use it as an experience to learn and grow, opening up your mind to other ways of living. And when you feel sad, remember: your old home is just a plane ride away.