

Reading Maze Quiz

Instructions : For this activity, you will read a text about doing exercise. Some of the words in the text have been replaced with a group of three words . You are to decide which word in each group fits best in the text.

According to one Emirati expert, people in the UAE aren't doing enough exercise. Most people drive to work, where (make, they, temperatures) sit at computers all day. But (who, cycling, expert) wants to go jogging or cycling (work, head, when) the temperature is 48 degrees outside? Well, (put, fitness, have) you thought about 'mall walking'? 'It's (a, inside, degrees) great fitness activity you can do (when, drive, malls) it's too hot to exercise outside,' (says, computers, jogging) Noura Al Qupaisi, a medical student. '(The, enough, keep) cool temperatures inside a mall means (that, put, healthy) you can walk at a fast (temperatures, work, pace). It makes it a great place (to, expert, exercise) walk. One day, I looked at (my, drive, inside) pedometer and I had walked over (degrees, fitness, six) kilometers ,' she said. 'It's helping me (keep, cycling, make) fit and healthy and I enjoy (jogging, it, computers). So how about it? Is it (enough, head, time) to put on your walking shoes (malls, and, make) head off to the mall?