

Unit 1 All about grammar

Present simple and Present continuous

We use the **Present simple** to talk about regular events. We use the **Present continuous** to talk about things happening now.

All about grammar Present simple versus Present continuous

Present simple	I / You / We / They	go	swimming	every day.
	He / She	goes	climbing	at the weekend.
			trampolining	on Fridays.
Present continuous	I'm / You're / We're / They're	going	diving	in this picture.
	He's / She's		abseiling	now.

1 Look and complete using the present simple or the present continuous.

do archery play hockey play badminton win go abseiling do gymnastics



1 She **'s** playing hockey today.
 2 I **'m** **going** to play badminton **now**.
 3 He **'s** **going** to do archery **every day**.
 4 We **'re** **going** to **win** our match **now**!
 5 He **'s** **going** to **do** gymnastics **at school**.
 6 They **'re** **going** to **play** **hockey** **in this picture**.

2 Write sentences using the present simple or the present continuous.

Look

go → goes do → does

1 **he / do / archery** (never) He **never** **does** archery.

2 **we / do / gymnastics** (in this picture) We **are** **going** to **do** **gymnastics** **in this picture**.

3 **they / go / trampolining** (sometimes) They **sometimes** **go** **trampolining**.

4 **she / play / table tennis** (now) She **is** **playing** **table tennis** **now**.

5 **I / go / running** (every day) I **always** **go** **running** **every day**.

6 **he / go / climbing** (usually) (at the weekend) He **usually** **goes** **climbing** **at the weekend**.

3 Write about what sports you do. (Where? When? How often?)

Unit
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All about grammar

why and because

We use **why** to ask the reason for a feeling or a situation. We use **because** to give the reason.

Look

'm → am
're → are
's → is

All about grammar why and because

Why	are	you	quiet? cold? scared?	Because	I'm you're he's she's we're they're	doing (my) Maths homework. wearing a T-shirt. watching a film.
	is	he			it's	snowing

1 Look and write sentences with because.



1 he / scared / he / abseil He's scared because he's abseiling.

2 they / tired / they / play table tennis

3 I / cold / it / snow

4 she / happy / she / learn English

5 we / thirsty / it / hot and sunny

2 Look and write questions and answers.

thirsty play badminton cold rain hot play football swim in the sea happy



1 (he) Why is he thirsty? Because he's playing football.

2 (they)

3 (I)

4 (he)

3 How do you feel now? Are you happy, sad, cold, tired or hot? Why? Write about it.