NAME_____ DATE_____

WHAT IS ALCOHOL?

1) Fill in the blanks with the verbs given in passive voice.

are fermented/will be confused and disoriented/are intoxicated/is absorbed/ is created/ are consumed/are told

Alcohol_____ when grains, fruits, or vegetables_____. Fermentation is a process that uses yeast or bacteria to change the sugars in the food into alcohol. Alcohol has different forms and can be used as a cleaner, an antiseptic, or a sedative.

So if alcohol is a natural product, why do teens need to be concerned about drinking it? When people drink alcohol, it _____into their bloodstream. From there, it affects the central nervous system (the brain and spinal cord), which controls virtually all body functions. Because experts now know that the human brain is still developing during our teens, scientists are researching the effects drinking alcohol can have on the teen brain.

How Does It Affect the Body?

Alcohol is a depressant, which means it slows the function of the central nervous system. Alcohol blocks some of the messages trying to get to the brain. This alters a person's perceptions, emotions, movement, vision, and hearing.

In very small amounts, alcohol can help a person feel more relaxed or less anxious. More alcohol causes greater changes in the brain, resulting in intoxication. People who have overused alcohol may stagger, lose their coordination, and slur their speech.

They_____ . Depending on the person, intoxication can make someone very friendly and talkative or very aggressive and angry. Reaction times are slowed dramatically — which is why people_____ not to drink and drive. People who _____ may think they're moving properly when they're not. They may act totally out of character.

When large amounts of alcohol _____in a short period of time, alcohol poisoning can result. Violent vomiting is usually the first symptom of alcohol poisoning. Extreme sleepiness, unconsciousness, difficulty breathing, dangerously low blood sugar, seizures, and even death may result.

Text retrieved from https://kidshealth.org/en/teens/alcohol.html?WT.ac=ctg#catalcohol