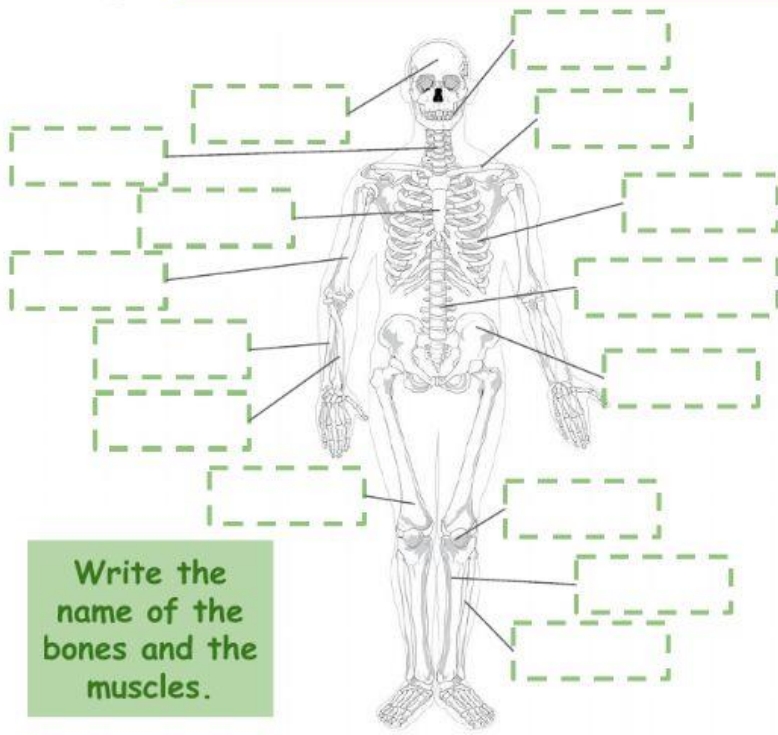


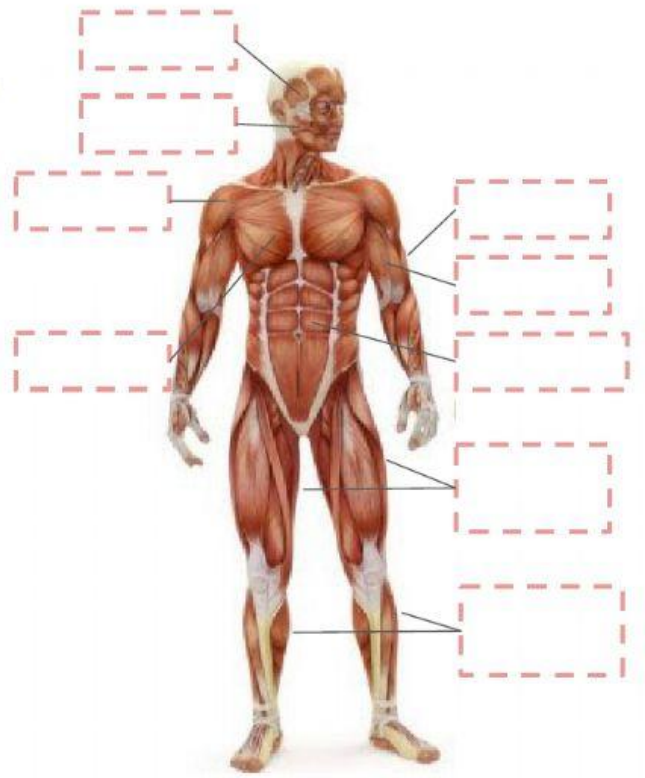


Have you
studied the
locomotor
system?





Write the name of the bones and the muscles.





Complete the crossword

Horizontal

Vertical

1. You have about 640 of them in your body
2. This is what muscles do when they get long and thin
3. You have over 200 of them in your body.
4. This is what muscles do when they get shorter and thicker.
6. These are where bones meet.

1. patella
2. jaw bone
3. clavicle
4. ulna
5. radius
6. humerus
7. tibia
8. fibula
9. ribs
10. cranium
11. vertebrae
12. femur
13. pelvis
14. spinal column
15. sternum

LEGS

TRUNK

ARMS

HEAD



Join the boxes

Join the sentences with the right pictures.



Sit up straight and rest your back against the chair.

Carry your schoolbag over both shoulders.

Pick up things up with your knees bent and your back straight.

Sit down to get dressed and put on your socks.

Sleep on your side with your legs bent.

Bones fractures

These involve damage to ligaments, usually caused by twisting.

Sprains

These consist of an involuntary and prolonged muscle contraction.

Muscle strains

These happen when bones break or crack.