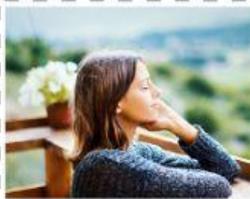


Name: _____ Date: _____

Directions: Sort the emotions into two groups, emotions that make us feel good and emotions that make us feel bad.

Feels Good

Feels Bad



calm



sad



happy



scared



frustrated



angry



embarrassed



excited