

Title: _____

My mind makes _____ too much
I feel like I'm _____ losing myself
I'm afraid that I need **hell | help**

Why do I **stare | start** so much at my body?
I'm falling, I'm crawling on the floor at **9:00 | night**
I know it's not **write | right** but you can't fix me this time

What do you see when you look at me?
I can't control my emotions _____
I'm **excited | exit**, I'm **sat | sad**
Then baby, I've had it

Heather | Hate her, you're stupid
I think you might've overdone it _____

And the faces that you love are _____ giving up
What you gonna do?

What do you see when you look at me?
I can't control my emotions _____
I'm **excited | exit**, I'm **sat | sad**
Then baby, I've had it

I'm **ashamed | embarrassed** to be saying this I hate to admit things
Years go by and nothing really seems to **change | end**
Is this me?
Tell me who I can be
I look at myself, see what I hate
Create an illusion to melt ya' brain

After you listened to the song, answer to the following questions:

1. What is the main topic of the song?
2. For what kind of audience do you think the song is directed?
3. How do you think the author was feeling when she wrote the song?
4. What problem(s) do you think Heather is facing?
5. Imagine she is your friend or family: What advice/suggestion would you give to her?