

Kind of emotion	Positive emotions	Negative emotions
Related to object properties		
Future appraisal		
Event-related		
Self-appraisal		
Social		
<u>Cathected</u>		

Interest, curiosity, enthusiasm

Indifference, habituation, boredom

Attraction, desire, admiration

Aversion, disgust, revulsion

Surprise, amusement

Alarm, panic

Hope, excitement

Fear, anxiety, dread

Gratitude, thankfulness

Anger, rage

Joy, elation, triumph, jubilation

Sorrow, grief

Patience

Frustration, restlessness

Contentment

Discontentment, disappointment

Humility, modesty

Pride, arrogance

Charity

Avarice, greed, miserliness, envy,

jealousy

Sympathy

Cruelty

Love

Hate