

Ailments, Symptoms and Injuries Match

1. A sudden, involuntary, spasmic contraction of a muscle or group of muscles, especially of the extremities, sometimes with severe pain. a piercing pain in the abdomen.
2. An injury appearing as an area of dark skin on the body, caused by a blow or impact rupturing underlying blood vessels.
3. An involuntary spasm of the diaphragm and respiratory organs, with a characteristic sound.
4. Eject matter from the stomach through the mouth.
5. Feeling cold after being in a cold environment.
6. It occurs when your organs or skin enlarge. As a result of inflammation of fluid.
7. Lose blood from the body as a result of injury or illness.
8. Twist on the ligaments of (an ankle, wrist, or other joint) violently so as to cause pain and swelling but not dislocation.
9. Uncomfortable sensation on your skin that makes you scratch it.
10. When nasal and adjacent tissues and blood vessels become swollen with excess fluid.



a. Chills



b. Hiccups



c. Cramps



d. Congested



e. Throw up



f. Bleed



g. Sprain



h. Bruise



i. Swollen



j. Itchy

<h3 style="text-align: center;">"Self- assessment of my performance"</h3>			
I mark with an (X) in the level that best represents my obtained performance in each indicator.			
Indicators of Learning	Performance Levels		
	To achieved: Learner is in process to achieve the task. Learner presents some issues	In progress: Learner can achieve the task with some difficulty and needs improvement	Achieved: Learner can achieve the task without any difficulty.
Recognize ailments, symptoms and injures vocabulary.			
Match the vocabulary about ailments, symptoms and injures with its description.			