

# Listening Comprehension Exercise

הקשיבו לשידור וענו על השאלות הבאות. עליכם לסמן את התשובה הנכונה.

## THE SECRET OF A LONG LIFE

1. What does Mark tell us about Ikaria at the beginning of the interview?
  - i) Where the island is
  - ii) How big the island is
  - iii) Why Sophie lives there
  
2. What is so special about Ikaria?
  - i) The island is 100 years old.
  - ii) Many people there live for a long time.
  - iii) It is very far from the rest of Greece.
  
3. Scientists think that old people on Ikaria are healthy because they eat (-).
  - i) fresh fruit and vegetables
  - ii) very little food
  - iii) mostly honey
  
4. What is different about what people on Ikaria eat?
  - i) They eat yogurt from other Greek islands.
  - ii) All their food comes from Ikaria.
  - iii) They like to eat a lot of meat.
  
5. What other information does Sophie give us about old people on Ikaria?
  - i) They stop working on the farms.
  - ii) Children take care of them.
  - iii) They live with their families.
  
6. What is the last reason Sophie gives for the long lives of people on Ikaria?
  - i) They like the western way of life.
  - ii) They enjoy meeting tourists.
  - iii) They live a very quiet life.