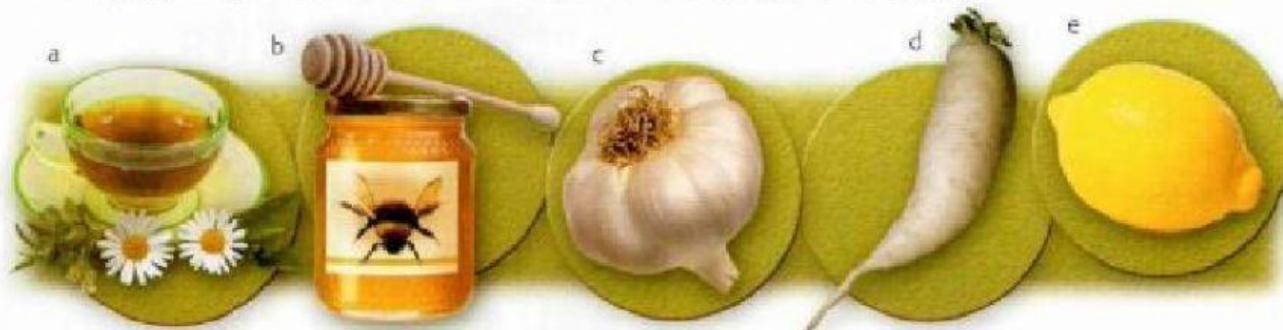


C Listening – Home remedies

1 When people are not feeling well, they sometimes use home remedies.

Match each picture to the correct ingredient.

1 honey ... 2 garlic ... 3 Chinese radish ... 4 herbal tea ... 5 lemon ...



2 Listen to three people from Saudi Arabia, Japan and Brazil talk about home remedies. Tick ✓ the ingredients each person talks about.

	Chinese radish	garlic	camomile	honey	lemon
a Ali			✓		
b Seiji					
c Ana					

3 Listen again and put one word in each gap.



Ali:

In Saudi Arabia what you do if you have the ' ... flu ... , is you drink babunej. It's a kind of hot drink. It's made with camomile, which is a herb. You drink it very ' and you sometimes have it with lots of ' You get vitamin C from that.



Seiji:

In Japan if you have a ' , we use ' daikon, a Chinese radish. It's a bit like a large white ' We grind the Chinese radish and put honey on it and leave it for a while. Then we wait until the ' comes out and then we ' it.



Ana:

In Brazil if you're not well, you've got a cold or flu or something like that, well garlic is really important. You have a glass of ' and you put a little garlic in it and mix it together. Every ' , you drink ' or ' spoonfuls of the liquid. I don't know if it works but we try it.