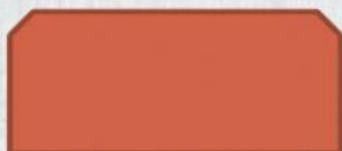
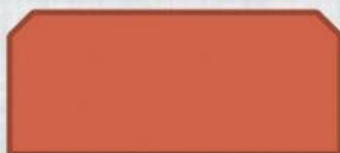
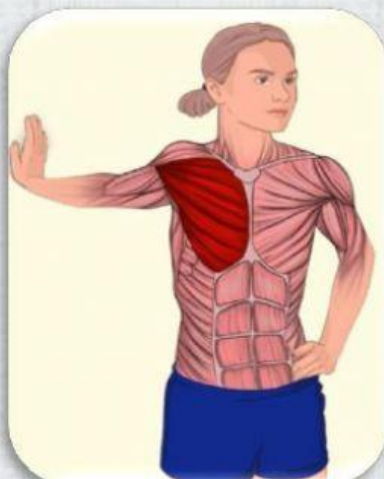


¿Qué músculo están estirando?



BÍCEPS

GEMELO

PECTORAL

ISQUIOTIBIALES

TRAPECIOS

DELTOIDES