

Head up and write down the science note below. Do the exercises online.

Science

Forces - PUSH and PULL

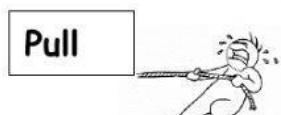
A force is a push or a pull on an object by another object or thing. A force can cause objects to speed up, slow down, or stay in one place. In other words, a force is what makes an object move. A push and a pull are opposite forces, meaning they move objects in different directions.



What is a push? A push is the force that moves an object **AWAY** from something.

For example you can:

- Push the grocery cart.
- Push the door closed.



What is a pull? A pull is the force of **BRINGING** an object **CLOSER**.

For example you can:

- Pull the curtains closed.
- Pull the door open.

Do the following exercises.

Write PUSH or PULL for each action in the *pictures* below.

