



TENTLI ENGLISH COURSE

Subject: ENGLISH

**SÉ EL MEJOR,
SÉ TENTLI**

1st Exam 3rd Semester

Complete each sentence with the correct word(s) from the list.

angry confused delighted embarrassed interested lonely
nervous relaxed scared stressed surprised

1. I'm really _____ of wild animals, like tigers. They terrify me!
2. Carlos came back from his long vacation yesterday, so he's feeling really _____.
3. Katja gets _____ when her children don't listen to her.
4. I have so much work to do by Friday! It's making me feel _____.
5. Joelle felt very _____ before her exam. Once it started, though, she felt better.
6. My brother and his wife are expecting a baby. They're absolutely _____!
7. For the first few chapters of the book, Lucia was _____, but everything became clear as she learned the characters' names.
8. I sometimes feel _____ when I travel on my own, but some people really like it.
9. When the boys invited Kenji to play soccer with them, he was _____ because he didn't know how to play.

Complete each sentence with the correct word.

10. Ali felt really _____ (disappointed / disappointment) when he failed his exam.
11. There was a lot of _____ (excitement / excited) when the children arrived at the zoo.
12. When I got back from that long trip, I felt completely _____. (exhaustion / exhausted)

Match the word to the correct meaning.

- a. an interest in new things
- b. an understanding and sympathy for another person
- c. great happiness

- _____ 13. empathy
- _____ 14. joy
- _____ 15. curiosity

Read. Choose T (True) or F (False).

- ___ 16. In the question "Who has visited Brazil?", *who* is the subject.
- ___ 17. In the question "What did you enjoy?", *what* is the subject.
- ___ 18. In the question "Where did you go on vacation?", *where* is the object.
- ___ 19. In the sentence "Juan lost his wallet.", *Juan* is the object.
- ___ 20. In the question "How much did it cost?", *it* is the object.

Match the two parts of the questions.

- a. loves ice cream?
b. are there in the wild?
c. do you study each week?
d. does a firefighter earn in your country?
e. when you feel lonely?

- ___ 21. How many tigers
- ___ 22. Who do you talk to
- ___ 23. Who
- ___ 24. How many hours
- ___ 25. How much

Choose the correct answer.

- ___ 26. How _____ right now?
a. are you feeling b. have you felt c. you feel
- ___ 27. _____ living in the city or the countryside?
a. Have you enjoyed b. Are you enjoying c. Do you enjoy
- ___ 28. In some countries, people _____ very long hours.
a. work b. have worked c. are working
- ___ 29. On the weekend, I usually just _____.
a. have relaxed b. relax c. am relaxing
- ___ 30. Experts say that animals like chimpanzees _____ to communicate happiness.
a. are smiling b. have smiled c. smile

Complete each sentence with the simple present, present continuous, or present perfect form of the verb in parentheses.

31. Let me tell you about my friend Farah. She and I _____ (share) a house for about a year.
32. We really _____ (enjoy) doing things like watching movies and going to concerts together.
33. But in some ways, we _____ (be) very different from each other.
34. For example, Farah loves exercising at the gym. She exercises three times a week. In fact, she _____ (exercise) right now.
35. As for me, I don't get much physical exercise. I _____ (always be) very lazy.

Read the information. Are the following sentences correct? Choose T (True) or F (False). Correct the incorrect sentences.

Name: Aya Santos

Present position: Assistant Director of Marketing and Communications for a large multinational company

City: Dallas, TX

Qualifications: MBA

Length of time in present job: 5 years

Ambition: To become Director of Marketing and Communications (some day)

- ____ 36. Aya has worked for a multinational company and loves her job.

- ____ 37. Aya has worked for the company for five years.

- ____ 38. Aya is studying for an MBA.

- ____ 39. Aya is being an Assistant Director of Communications and Marketing.

- ____ 40. Aya works in Dallas.

Read. Choose T (True) or F (False).

Have you exercised today? Even though most of us know that exercise does our body good, we often feel too busy and stressed to fit it into our daily routine. But how important is it to make time for exercise? The fact is that almost any form of exercise, such as yoga or working out in the gym, can relieve stress. Even if you aren't a natural athlete or you're a bit out of shape, you can still do some kind of exercise that will help you to reduce stress.

It is well-known that exercise improves your overall health and your sense of well-being, giving you more energy for your daily life. However, did you know that it also has some immediate benefits that reduce stress? Here are a few of them.

- **Exercise makes you calm.** After a fast game of soccer or swimming several laps in the pool, you may find yourself concentrating only on your body movements and realize you've forgotten the day's irritations. As you begin to relax and focus on your physical activity, you feel the daily tensions disappear. The resulting energy and optimism can help you feel calm and see things more clearly.
- **Exercise releases endorphins.** Physical activity helps to increase the production of your brain's feel-good chemicals, called endorphins. A run, a game of tennis, or a walk in the park can give you this feeling, too. Spending time outdoors is really good for you.
- **Exercise improves your mood.** Regular exercise can increase your self-confidence and reduce the symptoms of mild depression and anxiety. Are your nights regularly disrupted by stress, depression, and anxiety? If so, exercise can help you to sleep better. It lowers your stress level and gives you a sense of control over your body and your life.

So what are you waiting for? Get moving! Why don't you invite a friend? You might even have fun!

- ___ 41. Yoga doesn't relieve stress.
- ___ 42. You have to be an athlete in order to do any physical exercise.
- ___ 43. Swimming is a good time to think about how you can reduce tension at work.
- ___ 44. Taking a walk outdoors helps to relieve stress.
- ___ 45. Your sleep improves if you exercise.

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 46. Exercise gives you more _____.
a. illness b. energy c. stress

 47. If you're in shape, you're _____.
a. fit b. an athlete c. unhealthy

 48. Focusing on one task helps to make you _____.
a. sick b. tired c. calm

 49. An endorphin is a _____.
a. chemical in the brain b. medicine c. type of exercise

 50. If you're feeling happy and relaxed, you're in a good _____.
a. focus b. mood c. well-being

Read. Find and write a rhetorical question that the author uses for each purpose.

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51. to make a suggestion

52. to emphasize a point

53. to tell readers what information they can expect to read

54. to help readers relate the text to their own experience

55. to persuade
