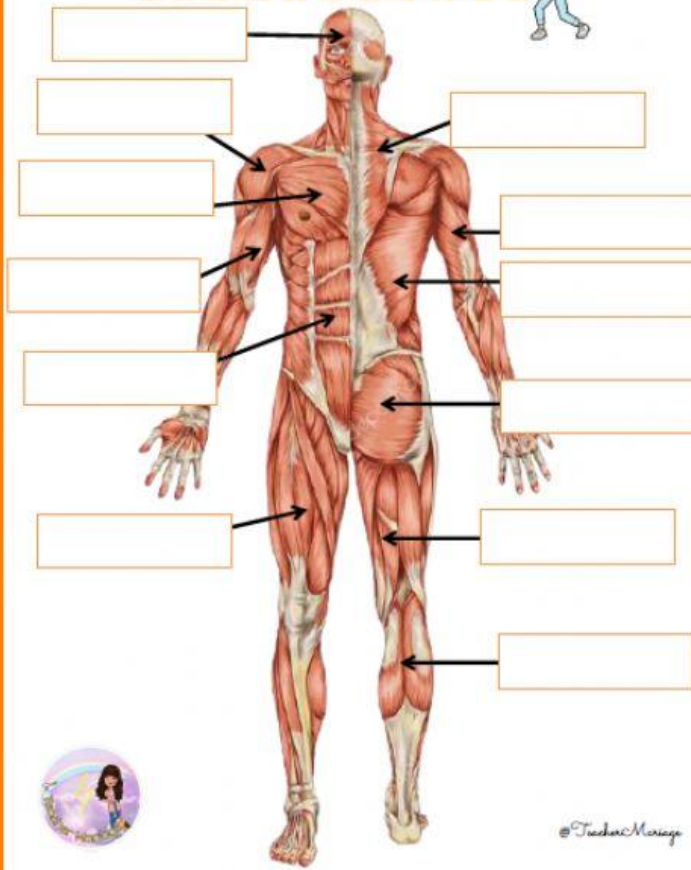


MUSCLES



@TeacherMuriel

DELTOID

TRAPEZIUS

TRICEPS

CALF

ABDOMINAL

PECTORAL

BICEPS

BICEPS FEMORIS

DORSAL

GLUTEUS

QUADRICEPS

FRONTAL

@TeacherMuriel



<https://teacher-muriel.wixsite.com/fittracking>