

Listening Comprehension Exercise

הקשיבו לשידור וענו על השאלות הבאות. עלייכם לסמן את התשובה הנכונה.

A HEALTHIER WAY TO EAT

1. What is special about the way Jim eats?
 - i) He eats lots of red meat.
 - ii) He eats the same food every day.
 - iii) He eats different food on weekends.

2. Jim changed the way he eats because (-).
 - i) he doesn't like nuts and beans
 - ii) he knows what is not healthy
 - iii) his friends don't like meat

3. Jim's family (-).
 - i) eats the way he does
 - ii) likes the food he makes
 - iii) cooks vegetables for him

4. After eating this way for a year, Jim (-).
 - i) hopes all his friends will eat like him
 - ii) can go up the stairs more easily
 - iii) feels tired all the time

5. On weekends Jim meets friends who (-).
 - i) love to eat steaks
 - ii) like to take long walks
 - iii) enjoy cooking tasty food

6. Jim saves money by eating less (-).
 - i) fruit
 - ii) meat
 - iii) rice