

NAME: _____

CYBERCHONDRIA: THE GOOD AND BAD OF SYMPTOM SEARCHES

1 A cyberchondriac is a person who ...

- a. tries to find what illness they have on the Internet
- b. reads a lot about medicine
- c. writes online diagnoses to try to help other people

2 Doctor David Hilden thinks people ...

- a. look for symptoms on the Internet too often
- b. often reach erroneous conclusions about their symptoms
- c. are sometimes sicker than they may think

3 Doctor David Hilden ...

- a. has been an expert on cyberchondria for a long time
- b. has known about cyberchondria only for a short time
- c. thinks that cyberchondria is becoming less prevalent

4 He says that cyberchondria causes people ...

- a. to ask for medicines they don't need
- b. to panic and visit their doctor too often
- c. to be distressed and ask doctors for unnecessary tests

5 He spends a considerable amount of time ...

- a. telling patients that they don't have the illness they think they have
- b. making sure patients don't pay attention to the internet
- c. telling patients which websites they can visit

6 According to the doctor, the Internet is beneficial because ...

- a. people get an idea of what illness they have
- b. people learn about how healthy food, and lifestyle
- c. people learn about what symptoms they should be worried about

7 Hilden says the Internet can also ...

- a. be a substitute for going to the doctor
- b. help prevent illnesses
- c. provide information about medicines