

ENGLISH COMMUNICATION SKILLS- (CLASS-X)

PRACTICE SHEET- 3

LESSON : SECRET OF HAPPINESS

LISTENING PRACTICE

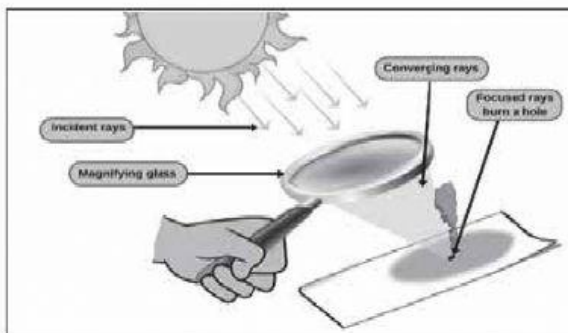
Listen to the audio carefully and fill in the blanks with correct options.

{Audio Text: Consider what you poise attained.}

1. In the _____ of every individual there is a great store of unused power .
a) punctuality b) individuality c) personality
2. In many of us just a miserable little _____ is getting through.
a) trickle b) fickle c) tickle
3. The great _____ of life is to put a key into the lock .
a) journey b) secret c) stream
4. Turn back the _____ gates.
a) slush b) slash c) sluice
5. Let the power flow like a _____ stream.
a) terrible b) terrific c) traffic
6. It will _____ you into a person of strength and effectiveness.
a) transform b) transport c) transplant
7. The unused power is a source of _____ power.
a) Inner b) Innate c) Inward
8. Weak _____ can become strong.
a) people b) personalities c) powers
9. Divided personalities can become _____.
a) unified b) united c) utilized
10. Hurtful minds can be _____.
a) healed b) sealed c) healed

SPEAKING EXERCISE

1. The teacher will ask these questions and the students will speak the answers.
 - i. Where is my uniform?
 - ii. Where are my school shoes?
 - iii. Are you ready for the school?
 - iv. What is the time by now?
 - v. Can I sit with you?
2. Speak at least five sentences on this picture with the help of the given words.



- sun
- fire
- heat
- paper
- rays
- focus
- lens
- burn

READING PRACTICE

Read the passage carefully and answer the questions that follow.

No person is at his best or in full control of his powers if he is the victim of fear. In many ways fear lays its paralyzing hand upon an individual and becomes a chief obstacle to the full development of personality and to the achievement of success in life. The person who wishes to become adept in the art of living must learn to conquer and subdue his fears.

This is a problem common to us all, and I want to state at the outset the encouraging fact that any and every individual can escape from fear. Remember this, however- only you can conquer your fears. Others may help you but ultimately you must do it yourself.

The first step and, for that matter, a large part of the campaign against one's fears is to get a complete and thorough-going knowledge of them. Bring them out into the light of day and watch them shrivel up.

I. Choose the correct options.

1. No individual can perform at the best of his _____ if he is suffering from any fear.
a) health b) duties c) powers d) life
2. If a person wants to succeed in a business, he must control his _____.
a) art of living b) personality c) success d) fears

II. Write T for true ,F for false and NG for not given.

- i. The problem of fear is rarely found in human beings.
- ii. One can conquer one's fear very easily.
- iii. One can conquer one's fears only with the help of others.

III. Choose ONE WORD from the passage for each answer.

It is very difficult for a (1) _____ to control his (2) _____ if he is the victim of fear.

Fear is the main (3) _____ to the full development of one's (4) _____ and to the achievement of (5) _____ in life.

WRITING SKILLS

1. Write the answers in the note books.

- i. Write at least five sentences on 'The Proper Use of Human Energy'.
- ii. List out some piece of advice for a man who wants to succeed in life.

You should write:

- how an average person fails
- how weak personalities can become strong
- what different fears of a man are
- how one can get rid of fears