

**Complete the sentences with the correct form of the phrasal verbs**

**cheer up   set out   take up  
fall behind with   give up**

- 1. It was a long way to the next youth hostel, so we \_\_\_\_\_ very early.**
- 2. I was feeling a bit depressed, so I ate some chocolate to \_\_\_\_\_ myself.**
- 3. I was ill for three weeks, so I \_\_\_\_\_ my studies, but I worked hard and soon caught up my classmates.**
- 4. He wanted to lose weight, so he decided to \_\_\_\_\_ jogging.**
- 5. She \_\_\_\_\_ her job and started writing poetry.**