

Famous Blogger Talks About A Healthy Diet

Do you like to read blogs? Meet Ruby Karp. She is a positive person and offers great recommendations. She is only 10 years old. Let's look at her recent post: A Healthy Diet.

Can you believe it? Yesterday I ate eight slices of pizza! That is not a healthy diet: What is a healthy diet? Continue reading to discover what it is.

In less than a minute you can go to the kitchen and open a can of soup or prepare a fast snack. Is that healthy? A good option for a sound diet is to eat fruits and vegetables. Reduce the snacks that have flour (pasta, cookies or bread) and eat a piece of fruit: for instance, a pear or an apple when you want a pair of cookies. When you inevitably eat pizza, have a minute portion. Remember: never eat fast and never overeat!

Oh, it sounds funny! I used a lot of homographs and homophones in this post.

Do you know what a homograph is? Read my blog next week...

- Now, let's play. Read the words from the left column and tap the words from the right column that sound similar.

1
serial

A
eight

2
pair

B
peace

3
flour

C
can

4
ate

D
pear

5
piece

E
flower

6
minute

F
minute

7
can

G
cereal

- In the following sentences, select the answers that describe the similarities and differences between the words in *italics*.



1. Choose a *pear* or an apple when you want a *pair* of cookies...

pear and *pair* have....

- ☐ different meanings
- ☐ different spelling
- ☐ the same sound
- ☐ the same meaning

1/1



Check

2. Reduce the snacks that contain *flour*...Peace, love, and a *flower* to you all!

flour and *flower* have...

- ☐ the same sound
- ☐ the same meaning
- ☐ different spelling
- ☐ different meanings

3. You *can* go to the kitchen and open a *can* of soup.

can and *can* have...

- ☐ the same meaning
- ☐ different meanings
- ☐ the same sound
- ☐ the same spelling

1/1



Check

4. In less than a *minute*... you *will* eat a *minute* portion of your pizza.

Minute and *minute* have...

- ☐ different meanings
- ☐ the same spelling
- ☐ different spelling
- ☐ the same meaning

5. *Pear* and *pair* / *Flour* and *flower*...

- ☐ are homophones.
- ☐ are homographs
- ☐ have the same spelling and different meanings
- ☐ have the same sound and different meanings

1/1



Check

6. *Can* and *can* / *Minute* and *minute*

- ☐ are homographs
- ☐ are homophones
- ☐ have the same spelling and different meanings
- ☐ have the same sound and different meanings

1/1



Check

• Now, let's choose the ingredients to make a delicious recipe. Click on the right word!



1. Ingredients:

A big pear ☐ pair ☐

$\frac{1}{2}$ cup butter

3 eggs

$\frac{1}{2}$ cup of flour ☐ flower ☐

1 teaspoon lemon juice

50gr of Corn Flakes serial ☐ cereal ☐

1 small peace ☐ piece ☐ of cinnamon

The pie recipe is good for ate ☐ eight ☐ medium portions.

1/1



Check

The Beatles

Do you know The Beatles? *They* were a popular British rock band formed by four friends from Liverpool: John, Paul, George and Ringo.

They created amazing music that is still popular today. *They* were very famous for their music. The Beatles **changed** their look several times. First, they wore leather jackets and had short hair. **During** the early 1960s, their manager, Brian Epstein, decided that it was time for a change. *He* convinced **them** to change their leather jackets for suits and to **adopt** the mop top hairstyle. Young people all around the world wanted to look like them. The band became famous wearing suits, ties and clean black shoes. *They* changed their style many times: their hair became longer and their outfits more colorful. Their looks became as famous as the band itself.

- How attentively did you read? Match column A with the right answers in column B and test yourself:

1
Brian Epstein

A
It was their hometown.

2
John, Paul, George and Ringo

B
They wanted to look like the Beatles.

3
Liverpool

C
He was their manager.

4
Young people all around the world

D
They are The Beatles.



1. In the sentence *They created amazing music that is still popular today.*

They refers to...

☐ The Beatles

☐ their manager, Brian

1/1



Check

2. In the sentence *He convinced them to change their leather jackets for suits.*

He refers to...

☐ The Beatles

☐ their manager, Brian

1/1



Check

3. *I, you, he, she, it, we, you, and they* are...

☐ personal pronouns

☐ names of people and things

1/1



Check

4. Ringo, John, George and Paul are...

☐ personal pronouns

☐ names of people and things

1/1



Check

5. You use personal pronouns to...

☐ substitute names of people and things

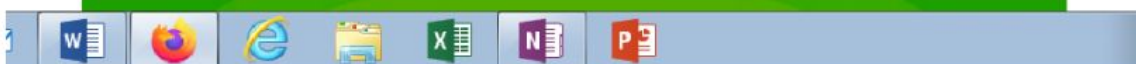
☐ talk about actions

1/1



Check

- Look at this cartoon of The Beatles. Choose the sentences that describe them correctly. It is possible that more than one sentence is correct:



- Look at this cartoon of The Beatles. Choose the sentences that describe them correctly. It is possible that more than one sentence is correct:



1. Paul McCartney

- ☐ He is wearing black trousers.
- ☐ He is wearing a yellow shirt.
- ☐ He has long hair.
- ☐ He has a mustache.

1/1



Check

2. John Lennon

- ☐ He is wearing glasses.
- ☐ He is smiling.
- ☐ He is wearing yellow boots.
- ☐ He has brown hair.

1/1



Check

3. George Harrison

- ☐ *He is wearing a hat.*
- ☐ *He is wearing a pink shirt.*
- ☐ *He is wearing a suit.*
- ☐ *He is wearing formal shoes.*

1/1



Check

4. Ringo Starr

- ☐ *He is wearing a coat.*
- ☐ *He has black hair.*
- ☐ *His nose is big,*
- ☐ *He has a mustache.*

- Do you want to practice more? Read about John's life and fill in the gaps with the right answers.



John's First Guitar

John Lennon grew up in his aunt Mimi's house. _____ was close with her mother, Julia. _____ taught him how to play the banjo as _____ both shared a love for music. The first song that he learned how to play was "Ain't that a Shame from Fat Domino." For his birthday, her mother bought him his first guitar. _____ was a Gallotone Champion acoustic guitar. Aunt Mimi was not fond of music, so when _____ saw the guitar for the first time, she told young John: "The guitar's all very well, John, but you'll never make a living out of it." _____ went on to form one of the most influential bands in history. Less than ten years after getting his first guitar, The Beatles had their first record released. _____ went on to conquer the music world.

They

She

He

she

It

they

He